



# The Long Gray Line

## PMARAI *E* - Newsletter

1<sup>st</sup> Edition - March 2023

### WHO WE ARE

The PMARAI is a SEC registered non-stock, non-profit organization composed of all regular and associate members of the PMAAAI, who have retired from or have otherwise ceased to be in the active service of the AFP, PNP and PCG. We are one of the Chapters of PMAAAI, whose members are no longer in the active service.

[Read More](#)



### OUR VISION

To be the model alumni association of retirees recognized as a respected and influential organization.

### OUR MISSION

Promote the general welfare of members, support the ideals of the academy and PMAAAI, and contribute to national development.

### OUR CORE VALUES

- Courage, Integrity & Loyalty
- Excellence
- Leadership
- Mutual Respect



## MESSAGE OF THE CHAIRMAN, PMARAI

It is with great pride that I take the leadership helm of the PMA Retirees Association, Inc. (PMARAI). Retirement is a happy place that we, Cavaliers, all look forward to after giving the better part of our youth and years in service of God and Country. As we retire, we transition into equally important roles in the Private and Public Sectors -- we remain beacons of Transformational & Servant Leadership and Ethical Service. We must continue to epitomize Courage, Integrity, and Loyalty in these endeavors and hold our Fellow Cavaliers accountable to these treasured ideals, even during the portion of our lives outside the Service.

The PMARAI asserts its relevance in the continuing support to Cavaliers. Post retirement, we, Cavaliers, find ourselves longing for the fellowship, camaraderie, and esprit d'corps that can only be found in the military and law enforcement. The Association supports this undertaking by providing channels for continuous networking and hands-on support to Cavaliers' welfare.

The past three years have been a challenge to PMARAI due to the perils brought about by the Covid-19 situation. And now, with the pandemic in decline, we strive to jump start engagement momentum thru the Association's recent webinars for personal and professional development; sports activities such as Virtual Run, Fun Bike, and golf tournaments; vaccination drive; regional visits and fellowship activities with the members.

With these, I call upon you all. Let us continue to support the Association by giving our time, energy, and expertise. Let us encourage our Mistahs, Juniors, and Seniors to connect and engage. Let us continue the journey of being Cavaliers beyond our military and law enforcement services.

## KNOW YOUR OFFICERS AND BOARD OF DIRECTORS FOR AY 2023-2024



**CAV DANILO A. ABINOJA '74**

**Chairman, PMAAAI**

[Resume](#)



**CAV RAUL S. GONZALES '75**

**Chairman, PMARAI**

[Resume](#)



**CAV RAMON T. PUNZALAN '76**

**President**

**Chairman, Executive & Advocacy Committee**

[Resume](#)



**CAV ALEJANDRO T. CAMAGAY JR '77**

**Vice President**

**Awards Committee**

[Resume](#)



**CAV FELIPE H. BUENA '78**

**Corporate Secretary**

**Membership, Morale & Welfare Committee**

[Resume](#)



**CAV RAMON C. LIWAG '79**

**Corporate Treasurer**

**Finance Committee**

[Resume](#)



**CAV EDMUND C. TAN**

**Corporate Auditor**

**Ways & Means Committee**

[Resume](#)



**CAV ROMEO V. POQUIZ '81**

**Professional Devt. Committee**

[Resume](#)



**CAV JOB NOLAN D. ANTONIO '82**

**Election & Amendments Comm**

[Resume](#)



**CAV MARCELINO J. LLORCA '83**

**Sports & Fellowship Comm**

[Resume](#)



**CAV JOEL D. PAGDILAO '84**

**Public Relations Committee**

[Resume](#)



# HOW WE ELECT OUR OFFICERS AND BOARD OF DIRECTORS

## COMPOSITION OF PMARAI BOARD OF DIRECTORS AND OFFICERS FOR AY 2023-2024

PMA CLASS	BOARD MEMBER	POSITION	COMMITTEES
74	CAV DANILO A ABINOJA	Chairman, PMAAAI	
75	CAV RAUL S GONZALES	Chairman, PMARAI	Advocacy
76	CAV RAMON T PUNZALAN	President	Executive
77	CAV ALEJANDRO T CAMAGAY JR	Vice-President	Awards
78	CAV FELIPE H BUENA JR	Secretary	Membership
79	CAV RAMON C LIWAG	Treasurer	Finance
80	CAV EDMUND C TAN	Corporate Auditor	Ways and Means
81	CAV ROMEO V POQUIZ	Member	Professionalism
82	CAV JOB NOLAN D ANTONIO	Member	Nominations and Election
83	CAV MARCELINO J LLORCA JR	Member	Sports
84	CAV JOEL D PAGDILAO	Member	Public Relations

The Chairman of the Nomination and Election Committee, Cav Romeo V Poquiz '81 presided over the nomination during the PMARAI Annual General Membership Meeting and Election last January 13, 2023 held at PMA Alumni Center, CGEA, Q.C. and via zoom. He informed the members of the election procedures, that as prescribed in the amended Bylaws of PMARAI, the Board of Directors shall be selected from eleven (11) PMA classes with the most senior class representation from the Golden Jubilarians (PMA 1974) and board representation from ten (10) PMA Classes (1975, 1976, 1977, 1978, 1979, 1980, 1981, 1982, 1983) down to the most junior class from PMA Class 1984.

After the eleven representatives from each class are selected to the Board, they now assume pre-selected roles as Officers and Chairman of Standing Committees.



**PMA Retirees Association Inc. (PMARAI)**  
PMA Alumni Center, CGEA, QC - 13 January 2023

**Oath Taking of the Board of Directors**  
Oath Taking of the Board of Directors of PMA RETIREES ASSOCIATION, INC. or PMARAI for CY 2023 - 2024 during the General Assembly and Election



## PMARAI MOVING FORWARD

The newly elected Board of Directors immediately held a Strategic Planning facilitated by Cav Felipe H Buena Jr '78 last January 30-31, 2023 to determine the direction of our association and focus its efforts to ensure that everyone is working towards a common goal. This is to help achieve our goals, and allows a more efficient use of time and resources.

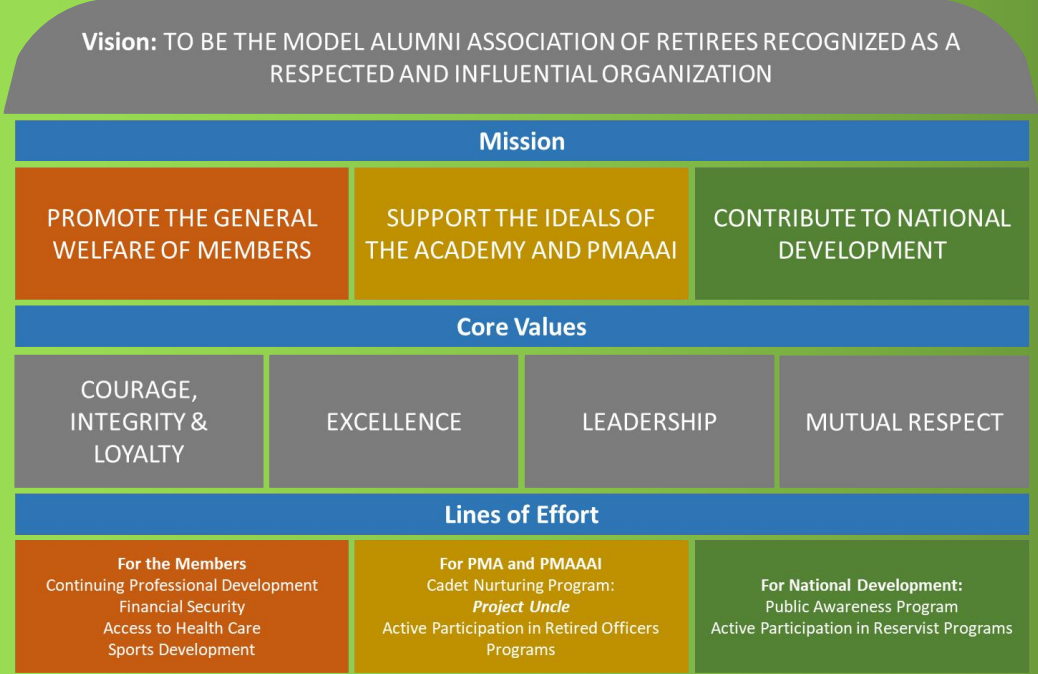
<b>PMARAI STRATEGIC PLANNING</b>		
<small>January 30-31, 2023</small>		
<b>TIME</b>	<b>ACTIVITIES</b>	<b>DETAILS</b>
<b>DAY 1</b> 0800H-1200H	<b>Review on Basics of Strategic Planning</b>	<b>Strategic Planning Process, Elements of Strategic Planning, SWOT Analysis Vision, Mission &amp; Values</b>
1300H-1700H	<b>Group Discussions</b>	<b>Expected Outputs/Deliverables Vision, Mission, Core Values, Association Strategic Plan &amp; Committees Action Plans (Projects, Timelines &amp; Budgets)</b>
<b>DAY 2</b> 0800H-1200H	<b>Group Presentations</b>	<b>Expected Outputs/Deliverables Vision, Mission, Core Values, Association Strategic Plan &amp; Committees Action Plans (Projects, Timelines &amp; Budgets)</b>
1300H-1700H	<b>Consolidation of Groups Output</b>	<b>Expected Outputs/Deliverables Vision, Mission, Core Values Association Strategic Plan &amp; Committees Action Plans (Projects, Timelines &amp; Budgets)</b>





**PMA RETIREES ASSOCIATION, INC. (PMARAI)  
STRATEGIC PLAN CY 2023-2024**

**STRATEGIC FRAMEWORK**



**COMMITTEE ACTION PLANS**

- **Executive and Advocacy Committee**
- **Awards Committee**
- **Membership, Morale and Welfare Committee**
- **Finance Committee**
- **Ways and Means Committee**
- **Professional Development Committee**
- **Ad - Hoc Committee on Election and Amendments**
- **Sports and Fellowship Committee**
- **Public Relations Committee**

[Read More](#)



# WEBINAR

As part of PMARAI continuing program for the health and wellness of our members, a WEBINAR was held thru zoom last January 26, 2023, 10:00am to 12:00 noon entitled: "Medical and Health Benefits for veterans at VMMC" in collaboration with Veterans Memorial Medical Center. The Chairman of the Committee on Ethics and Professionalism, Cav Edmund C Tan '80 announced that more than 100 members participated and were enlightened of what their benefits are and were given the powerpoint presentation of the resource speakers.



**PMA Retirees Association Inc. (PMARAI)**  
PMARAI Webinar conducted 26 January 2023

**Speakers**



DR. JOHANN GIOVANNI P. MEA



DR. MARIA VANESSA FELISA S. CAJUCOD



MS. MARIA THERESA E. CHAANGAN, RSW, MPA

**Medical & Health Benefits of Veterans at VMMC**  
This PMARAI Webinar was conducted in collaboration with Veterans Memorial Medical Center and was attended by more than 100 members.



**Opening Message & Introduction of Speakers**



Dr. Franklin V. Gali  
Acting Director  
Veterans Memorial Medical Center






**"VMMC Healthcare Services"**



DR. JOHANN GIOVANNI P. MEA  
Medical Specialist III  
Assistant Head, Department of Radiology & Radiotherapy; and  
Chief, DRR - Nuclear Medicine Section,  
VMMC

[Read More](#)



**"VMMC Membership Process"**



MS. MARIA THERESA E. CHAANGAN, RSW, MPA  
Social Work Supervisor, VMMC

[Read More](#)

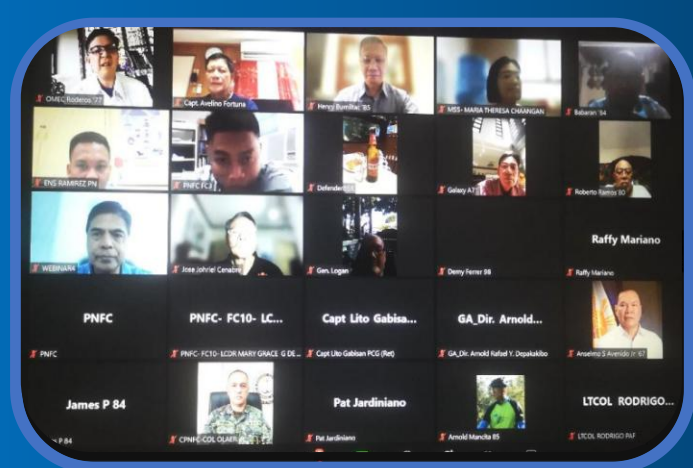


**"Veterans Hospitalization and Medical Care Program"**



DR. MARIA VANESSA FELISA S. CAJUCOD  
Medical Specialist II  
Department of Family Medicine and Out Patient Services, VMMC

[Read More](#)





# PMARAI FINANCIAL STATEMENT

## STATEMENT OF REVENUES AND EXPENSES For the Period Ending February 28, 2023

	Mar 1, 2022 - Feb 23, 2023	Note
<b>REVENUES</b>		
Dividend Income	192,500.00	1
Lifetime Members Contribution	100,000.00	2
Interest Income	198,423.02	3
Other Income - Share in Virtual Run	348,925.00	
Proceeds - Fund Raising Project	1,288,142.00	9
<b>TOTAL REVENUES</b>	<b>2,127,990.02</b>	
<b>EXPENSES</b>		
Personal Service	522,218.04	4
Transportation	144,915.00	
Meetings	29,049.75	
Telephone, Postage & Communication	65,122.72	5
Office Supplies	30,790.69	
Professional Fees	40,250.00	8
Repairs & Maintenance	1,000.00	
Project Expense	490,385.00	6
Miscellaneous Expense	104,351.91	7
<b>TOTAL EXPENSES</b>	<b>1,428,083.71</b>	
<b>EXCESS OF REVENUE</b>	<b>699,906.31</b>	

### OVER EXPENSES

**Notes:**

- 1 - This represents the dividend from AFPSLAI Capital Contribution account of P1M which is accrued monthly. Latest dividend in January 2023 is at 16% per annum.
- 2 - This represents lifetime dues received/receivable for the period March 1, 2022 to February 28, 2023.
- 3 - Interest received on AFPSLAI savings account for 1st - 4th QTR 2022 plus accrual of interest on TD account.
- 4 - Represents salary share, share in mandatory contributions, Accountant allowance, 13th month pay, uniform allowance for the period March 2022 to February 2023 and Performance bonus
- 5 - Represents monthly Zoom Monthly subscription and communication allowance for board directors.
- 6 - Sponsorship for the Virtual Run, vaccination drive and payment for plaques of recognition, table signs, tokens and donation to Hero's Foundation
- 7 - Payment for Directors' uniform, research fund, share in Christmas party and various expenses from petty cash fund.
- 8 - Audit fee for audit of financial statement for AY 2021-2022.
- 9 - This is composed of the following:  
 Share in last AY fund raising project from PMAAAI - 1,238,642.00  
 Sponsorship from PSSLAI - 25,000.00  
 Sponsorship from AFPSLAI - 24,500.00  
 TOTAL - 1,288,142.00

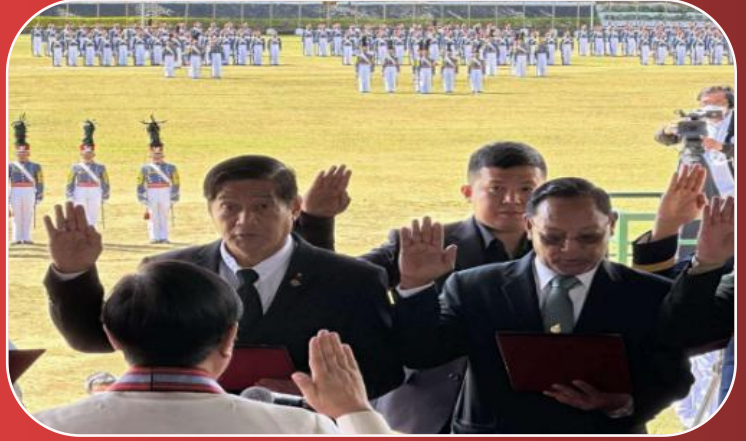
## SCHEDULE OF LIQUID ASSETS as of February 28, 2023

**BREAKDOWN OF CASH AND EQUIVALENTS**

Petty Cash Fund	10,000.00
Cash on hand	-
Cash in bank - DBP Checking Account	42,969.38
Cash in bank - AFPSLAI Savings Account	1,542,797.99
Investment - AFPSLAI TD	4,000,000.00
Investment - AFPSLAI Capcon	1,000,000.00
<b>TOTAL</b>	<b>6,595,767.37</b>



**PMARAI CAVALIERS IN ACTION**





# PMARAI CAVALIERS IN ACTION





# PMARAI CAVALIERS IN ACTION





# ANNOUNCEMENTS

1. PMARAI Golf Fellowship (PMA Classes '69 to '89) on April 18, 2023, 0600H at Camp Aguinaldo Golf Course, Quezon City.
2. Visit our PMARAI Website **this April 2023**.
3. Join our official viber community:

**PMARAI FORUM** - where contents, messages and comments are posted by the members. [Link](#)

**PMARAI POST** (Bulletin Board) - where announcements, events, and notices are posted by the association. [Link](#)

**PHILIPPINE MILITARY ACADEMY ALUMNI ASSOCIATION, INC (PMAAAI)**  
*PMA Alumni Center, A Luna Ave, Camp Aguinaldo Quezon City*

**AMNESTY PROGRAM FOR THE PMAAAI LIFETIME MEMBERSHIP DUES**  
 Effective 01 March 2022 to 31 March 2023

Regular Lifetime Dues: (per PMAAAI Bylaws)		Amnesty:	
Classes:	Amount	Classes:	Amount
1 Class 1977 and older	18,000.00	1 Class 1987 and older	12,000 and will include PMARAI one time membership dues
2 Class 1978 to 1982	16,000.00	2 Class 1988 and younger	10,000 and will include PMARAI one time membership dues
3 Class 1983 to 1987	14,000.00		
4 Class 1988 and younger	12,000.00		

- Benefits and Privileges:**
- 1 Mutual Relief/Abuloy in the amount of P60,000.00 given to the next of kin.
  - 2 Medical Assistance in the maximum amount of P50,000.00 for a member suffering from a dreadful disease or serious injury.
  - 3 Cavalier Magazine
  - 4 Use of the Transient Quarters at Camp Aguinaldo for a minimal cost.
  - 5 Paid fees and cost of Alumni activities like conventions and dinners.

## Balance Sheet of Life

The most destructive habit.....Worry  
 The greatest joy.....Giving  
 The greatest loss.....Loss of Self-respect  
 The most satisfying work.....Helping Others  
 The ugliest personality trait.....Selfishness  
 The greatest "shot in the arm".....Encouragement  
 The greatest problem to overcome.....Fear  
 The most effective sleeping pill.....Peace of Mind  
 The most crippling failure disease.....Excuses  
 The most powerful force in life.....Love  
 The most dangerous act.....A Gossip  
 The world's most incredible computer....The Brain  
 The worst thing to be without.....Hope  
 The deadliest weapon.....The Tongue  
 The two most power-filled words..... "I Can"  
 The greatest asset.....Faith  
 The most worthless emotion..... Self-pity  
 The most beautiful attire..... Smile!  
 The most prized possession..... Integrity  
 The most powerful channel of communication ..... Prayer  
 The most contagious spirit..... Enthusiasm

LIFE ends when you stop DREAMING.  
 HOPE ends when you stop BELIEVING.  
 LOVE ends when you stop CARING.  
 So please share this BALANCE SHEET OF LIFE.  
 FRIENDSHIP ends when you stop SHARING.





**PMARAI BY LAWS**



**REPUBLIC OF THE PHILIPPINES  
SECURITIES AND EXCHANGE COMMISSION**  
PICC Secretariat Bldg., PICC Complex  
Pasay City, Metro Manila

**COMPANY REG. NO. A200008682**

**CERTIFICATE OF FILING OF AMENDED BY-LAWS**

**KNOW ALL MEN BY THESE PRESENTS:**

**THIS IS TO CERTIFY** that the Amended By-Laws of

**PMA RETIREES ASSOCIATION, INC.**

copy annexed, adopted by the majority of the members on September 30, 2020, certified to by the majority vote of the **Board of Trustees** and countersigned by the Secretary of the Corporation, was approved by the Commission on this date pursuant to the provisions of Section 47 of the Revised Corporation Code of the Philippines, Republic Act No. 11232, approved on February 20, 2019 and attached to the other papers pertaining to said corporation.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the seal of this Commission to be affixed at 3/F Newtown Square, #42 Navy Base Road, Baguio City, Philippines, this **4th** day of **February**, Two Thousand **Twenty One**.

**FOR THE COMMISSION:**

**REGINA MAY M. CAJICOM - DE GUZMAN**  
Director

**Baguio Extension Office**

/asv

**BACK**





Republic of the Philippines  
**SECURITIES AND EXCHANGE COMMISSION**  
**BAGUIO EXTENSION OFFICE**  
 3/F Newtown Square Plaza, Navy Base Rd.  
 Baguio City, 2600



<b>PAYMENT ASSESSMENT FORM</b>		<b>No. 2021020119</b>
<b>Fund Cluster:01101101</b>		
Date:	RESPONSIBILITY CENTER	
2/3/2021	BEO	
<b>PAYOR:</b>		
<b>BUSINESS INDUSTRY AND RETIRED CAVALIERS INC.</b>		
<b>NATURE OF COLLECTION</b>		
ABL	ACCOUNT CODE 4020102000 (606)	AMOUNT 1,000.00
MB reg.	4020102000 (606)	
Legal Research Fee (LRF)	2040101000 (131)	10.00
CTC/CGS	4020199099 (678)	
Doc. Stamp Tax (DST)	4010401000 (4010401)	30.00
Penalty	4020114000 (609)	
<b>TOTAL AMOUNT TO BE PAID</b>		<b>1,040.00</b>
<b>Processed by:</b>	<b>Amount in words:</b>	
LRA	ONE THOUSAND FORTY PESOS	
<b>Remarks:</b>		

**Breakdown Summary**

FUND ACCOUNT	AMOUNT	ACCOUNT #
BTR Account	-	3402-2319-38
BTR Account- LRF	10.00	3402-2319-38
BTR Account-DST	30.00	3402-2319-38
SEC RCC Current Account	1,000.00	3752-1001-43
<b>TOTAL</b>	<b>1,040.00</b>	

**Notes:**

- A. This form is valid for forty-five (45) calendar days from the date of Payment Assessment Form
- B. Accepted modes of payment
  - 1. Cash 2. Manager's/Cashier's Check 3. Postal Money Order
- C. Accepted mode of payment at selected Landbank Branches:
  - 1. Cash 2. Manager's/Cashier's Check payable to the Securities and Exchange Commission
- D. For check payment, please prepare separate checks per fund account as indicated on the breakdown summary. All checks must be payable to Securities and Exchange Commission.
- E. For over the counter payment at Landbank, preparation of oncoll payment or deposit slip shall be per fund account as indicated on the breakdown summary.
  - If fund code is BTR, use an oncoll payment slip.
  - If fund code is SRC or RCC, use a regular deposit slip.
- Send through email the copy of the machine-validated oncoll payment slip/deposit slip to the issuer of this PAF to confirm that payment has been made.
- F. ANY ALTERATION WILL INVALIDATE THIS FORM**

SEC Baguio Extension Office

1,040  
2-3-21 177139

**COVER SHEET**  
for Applications at  
**BAGUIO EXTENSION OFFICE**



Nature of Application  
**Amendment**

SEC Registration Number  
**A 2 0 0 0 1 6 8 2**

Former Company Name  
**BUSINESS, INDUSTRY AND  
RETIRED CAVALIERS, INC.**

AMENDED TO:  
New Company Name  
**PMA RETIREES ASSOCIATION, INC.**

Principal Office (No./Street/Barangay/City/Town/Province)  
**PMA ALUMNI CENTER A. LUNA AVE.  
CAMP AGUINALDO, QUEZON CITY**

Company's Telephone Number/s

**(02) 912-0998**

Contact Person

**MEL DE LA CRUZ**

Contact Person's Telephone Number

**09278766696**

Contact Person's Address

**#535 PRK 3 UPPER ROCK QUARR P.C**

To be accomplished by SEC-BEO Personnel

Assigned Processor:

Date  
**2/1/21 2/1/21**

Signature

Document I.D.

Received by SEC-BEO Records Unit



**AMENDED BYLAWS**  
of the  
**PMA RETIREES ASSOCIATION, INC.**  
*formerly known as "Business Industry and Retired Cavaliers, Inc.*  
*(as approved in a Special Meeting on 30 September 2020)*



**ARTICLE I**  
**Name, Office and Seal**

Section 1. **Name** – The name of this corporation shall be “PMA Retirees Association, Inc.” hereinafter referred to as the **PMARAI**.

Section 2. **Office** – The principal office of the PMARAI shall be at the PMA Alumni Center, A. Luna Avenue, Camp General Emilio Aguinaldo, Quezon City, Philippines.

Section 3. **Seal** – The corporate seal of the PMARAI shall be as designed and approved by its Board of Directors.

**ARTICLE II**  
**Membership**

Section 1. **Members** – All regular and associate members of the Philippine Military Academy Alumni Association, Inc. (PMAAAI), who have retired from or have otherwise ceased to be in the active service of the Armed Forces of the Philippines (AFP), the Philippine National Police (PNP), the Philippine Coast Guard (PCG) and all honorary members of the PMAAAI shall automatically be members of PMARAI, with the same membership category.

Section 2. **Rights and Obligations** – All members of the PMARAI shall have the right and obligation to attend all its meetings and participate in all its activities.

Section 3. **Voting Rights** – Only members in good standing as may be determined by the Board, shall have the right to vote and be voted upon. Voting members shall have one (1) vote each.

Section 4. **Cessation of Membership** – Membership with PMARAI shall cease by death or by termination by the Board, after due process, for any act inimical to the interest of the PMARAI: Provided, that upon cessation of his/her membership, a member shall no longer have any interest in the assets of the PMARAI.

**ARTICLE III**  
**Meetings**

Section 1. **Annual Membership Meetings** – The annual meetings of the members of the PMARAI shall be held on the second Friday of January at such time and place as the Board may designate, for the election of directors and for the transaction of such other business as may be brought before it.



Section 2. **Special Meetings** – Special meetings of the members may be called at any time by resolution of the Board, indicating the purpose(s) of such meeting. At such meetings, only business specified in the notice may be considered.

Section 3. **Fellowship Meetings** – The PMARAI shall hold fellowship meetings at least once every semester at such date, time and place as the Board may determine to promote fellowship and camaraderie among its members.

Section 4. **Notice of Meetings** – Notices of the date, time and place of meetings of the members shall be disseminated to all members by phone, mail or any electronic means, at least five (5) days prior to the meeting.

Section 5. **Quorum** – At the annual or special meetings of the members, the members entitled to vote who are present shall constitute a quorum, and a majority of those present constituting a quorum shall be valid as a corporate act, save and except in those matters where the Corporation Code requires the affirmative vote of a greater proportion.

Section 6. **Order of Business** – The order of business at the annual meeting of the members shall be as follows:

- a. Proof of due notice of meeting
- b. Proof of presence of a quorum
- c. Approval of minutes of the previous annual meeting
- d. Reports of the President and the Treasurer
- e. Ratification of all acts of the Board and the management
- f. Election of directors for the ensuing year
- g. Other matters

#### **ARTICLE IV** **Board of Directors**

Section 1. **Composition** – The corporate powers of the PMARAI shall be exercised, its business conducted and its property controlled by the Board of Directors composed of eleven (11) members to be elected by specific PMA classes linked in succession to fill up the eleven-man Board of Directors: Provided, that the most senior class from the eleven classes linked in succession shall come from the PMA Class which shall be celebrating its 50<sup>th</sup> Anniversary. Considering the generational links and bonds established during their four- year stay in the Academy as well as their inter-active experiences together while they were in the Service and private careers, the amalgamated group formed from eleven (11) PMA Classes linked in succession shall not only facilitate PMARAI discussions, decision-making and cooperation but shall also enhance the representation, immersion and training of eleven PMA classes into PMARAI and PMAAAI affairs because each class shall be represented in the PMARAI as officers and chairpersons of various standing committees for at least ten (10) years and; Provided, further: That not more than one (1) director shall come from any PMA class. (As amended on January 10, 2020)

Section 2. ~~TERM~~ **and Vacancy** – Upon expiration of the term of the most senior board member from the eleven-man PMARAI board, every year, he shall be replaced by a board



member, duly elected who shall come from a class following the most junior board member's class and who shall assume office on the first day of March following his/her election and serve for eleven (11) years: Provided, that said class thru its President, shall nominate during elections conducted in each of the eleven years term, who among its members shall represent their class in the PMARAI Board. In case of vacancy arising from resignation or any other cause by a board member, the PMARAI Board shall immediately notify the President of the class which the board member belongs, to deliberate and submit a replacement to the vacancy created by its member.  
{As amended on January 10, 2020}

Section 3. **Organizational Meeting** – Within seven (7) days after the annual membership meeting and election, the new Board shall assume as the officers of the PMARAI based on their succession for the ensuing year and appoint chairmen of standing committees. Every year, there is a rotation of responsibility. All eleven (11) classes shall assume officer and chairmanship designations differently for eleven (11) years. {As amended on January 10, 2020}

Section 4. **Regular and Special Meetings** – The Board shall meet regularly once a quarter at such date, time and place as it may prescribe. Special meetings may be held at any time, as the need thereof arises, at the call of the Chairman. At a special meeting, only business specified in the notice may be considered.

Section 5. **Notices** – Notices of Board meetings shall be sent to each director, **by phone, mail or any electronic means**, at least three (3) days prior to the meeting, indicating the date, time, place and in case of a special meeting the purpose(s) thereof.

Section 6. **Quorum** – At all meetings of the Board, six (6) directors shall constitute a quorum for the transaction of business, and a majority of those present constituting a quorum shall be valid as a corporate act, except as otherwise provided in these Bylaws and the Corporation Code. Directors cannot attend nor vote by proxy at Board meetings.

Section 7. **Absence from Board Meetings** – Any director who has absented himself from three (3) consecutive regular Board meetings without justifiable reason as determined by the Board shall, by resolution of the Board, be considered resigned and be ineligible for reelection to the Board in the next annual meeting.

Section 8. **Powers and Delegation of Authority** – All the corporate powers, except as otherwise provided for in these Bylaws and the Corporation Code, shall be vested in and exercised by the Board of Directors. The Board may, by resolution, delegate to committees or to officers of the PMARAI such powers or authority which can lawfully be delegated.

## ARTICLE V

### Officers and Duties

Section 1. **Officers** – The officers of the PMARAI shall consist of a Chairman, a President, a Vice President, a Corporate Secretary, a Treasurer and a Corporate Auditor, all of whom shall be elected by the Board of Directors from among themselves. The PMARAI shall also have such other officers as the Board may appoint from time to time.



Section 2. ~~TERM~~ **and Vacancy** – The officers shall assume office **on the first day of March** following their election and shall serve for one (1) year and until their successors are elected and qualified. Every year, there is a rotation of responsibility. All eleven (11) representatives of classes shall assume different positions for eleven (11) years. (As amended on January 10, 2020)

Section 3. **Chairman** – The Chairman shall preside at all meetings of the Board and of the members of the PMARAI. He shall see that orders and resolutions of the Board and of the PMARAI are carried out by the concerned officers.

Section 4. **President** – The President shall be the Chief Executive Officer of the PMARAI and shall exercise all the powers and discharge all the duties which customarily pertain to said office. He shall exercise general supervision and direction of the affairs and business of the PMARAI and submit to the Board and to the members at the Annual Meeting an Annual Report on the activities of the PMARAI. He shall execute and deliver on behalf of the PMARAI all contracts and agreements that may have been authorized by the Board. He shall perform the duties of the Chairman in the latter's absence or incapacity.

Section 5. **Vice President** – The Vice President shall assist the President in the performance of the latter's duties and shall act, if qualified, as the President in the latter's absence or incapacity. He shall perform such other duties as the President or the Board may direct.

Section 6. **Corporate Secretary** – The Corporate Secretary who must be a citizen and resident of the Philippines is responsible for all correspondence and record-keeping of documents. He shall keep a register of all the members of the PMARAI. He shall give due notice and keep minutes of all meetings of the Board, the Executive Committee and the members. He shall have custody of the PMARAI seal.

Section 7. **Treasurer** – The Treasurer, who must be bonded, shall be responsible for the proper receipt, custody and disbursement of all funds of the PMARAI. He shall keep record of all receipts and disbursements of the funds and all financial transactions in appropriate books of accounts, and see to it that all disbursements are evidenced by proper vouchers. He shall deposit in the name and to the credit of the PMARAI all funds and other valuables in such bank(s) as may be designated by the Board. He shall submit to the Board Monthly Financial Statements, and to the members at the annual meeting a financial statement for the preceding year and at the end of the fiscal year an audited financial statement.

Section 8. **Corporate Auditor** – The Corporate Auditor shall pass upon all vouchers and see to it that they are properly authorized. He shall conduct periodic inspections of the books of accounts and properties of the PMARAI, verify all financial statements prepared by the Treasurer and render reports thereon to the Board.

## ARTICLE VI

### Committees and Functions

Section 1. **Committee** – There shall be five (5) standing committees, namely; Executive Committee, Finance Committee, Awards Committee, Professionalism Committee and Advocacy Committee. The Board may create other committees as the need arises. The chairmen of the standing committees shall be appointed by the Board.

Section 2. **Executive Committee** – The Executive Committee, which shall be chaired by the President with the other officers as members, shall act, in-between Board meetings, on urgent matters requiring Board action: Provided, that its decisions shall be subject to confirmation by the Board.

Section 3. **Finance Committee** – The Finance Committee shall, within thirty (30) days from its organization, prepare an annual budget of estimated income and expenses for the ensuing year, for approval of the Board. It shall have general supervision over the finances and properties of the PMARAI.

Section 4. **Awards Committee** – The Awards Committee shall conduct an extensive search for the most outstanding members of the PMARAI for nomination to the Annual PMAAAI Cavalier Award in the fields of public administration, private enterprise, contribution to alumni affairs, and other special fields.

Section 5. **Professionalism Committee** – The Professionalism Committee shall promote professionalism and the highest ethical standards among the members of the PMARAI. It shall organize seminars and symposia on professionalism and ethical management.

Section 6. **Advocacy Committee** – The Advocacy Committee shall make a study on issues affecting national interest, and submit a stand or position thereon to the Board. After Board approval, it shall through the appropriate media make known to the public the PMARAI's position on the issues and push for it.

## ARTICLE VII

### Nominees to the PMAAAI Board

Section 1. **Nominees** – Two (2) of the three (3) members of the PMAAAI Board of Directors from the PMARAI shall come from PMA classes which shall be celebrating their 48<sup>th</sup> and 49<sup>th</sup> graduation anniversary with the representation from PMA class celebrating 48<sup>th</sup> graduation anniversary serving its first year term while the representation from PMA Class celebrating 49<sup>th</sup> graduation anniversary serving its second year term. The third board member to be nominated to the PMAAAI Board shall come from the junior board members of PMARAI. {As amended on January 10, 2020}

Section 2. **Senior and Junior Members** – For PMARAI purposes, all PMARAI Board members belonging to PMA Classes which shall be celebrating their 45<sup>th</sup>, 46<sup>th</sup>, 47<sup>th</sup>, 48<sup>th</sup>, 49<sup>th</sup> and 50<sup>th</sup> graduation anniversary composed the senior members. On the other hand, PMARAI Board members belonging to PMA Classes which shall be celebrating their 40<sup>th</sup>, 41<sup>st</sup>, 42<sup>nd</sup>, 43<sup>rd</sup> and 44<sup>th</sup> graduation anniversary composed the junior members. {As amended on January 10, 2020}

Section 3. **Election of Nominees** – **Immediately after the Annual Membership Meeting and Election, the new or incoming PMARAI Board of Directors shall elect to the PMAAAI Board three (3) nominees, as cited in Section 1, above.**

Section 4. ~~TERM~~ **and Vacancy** – As provided for in the PMAAAI Bylaws, the elected members of the PMAAAI Board shall serve a term of **two (2) years** commencing on the first day of March next following their election, provided that no director shall serve for more than two (2) consecutive terms. In case of vacancy in the PMAAAI Board of Directors coming from the PMARAI,



other than by removal or expiration of term, the PMARAI Board shall nominate **from among themselves** a replacement to serve the unexpired term.

## ARTICLE VIII

### Funds

Section 1. **Sources** – The sources of funds for the PMARAI are annual dues, assessments, contributions and donations, fund-raising proceeds, and investments income.

Section 2. **Annual and Lifetime Dues** – Effective 01 July 2007, all regular and associate members of PMARAI shall pay an annual dues of Three Hundred Pesos (Php 300.00) or Thirty Pesos (Php 30.00) per month or a lifetime due of Two Thousand Pesos (Php 2,000.00): Provided, That the rates of the annual and the lifetime dues may be revised at any time by the Board, subject to ratification by the members: Provided, further, That a member has the option to make a refundable deposit of Four Thousand Pesos (Php 4,000.00) the yearly interest of which shall be applied in full payment of his dues: Provided, furthermore, That upon death or upon reaching his class golden jubilee or fiftieth graduation anniversary, whichever is earlier, such member shall stop paying dues and his deposit, if any, shall be refunded: Provided, finally, That this refund provision shall not apply to lifetime dues.

Section 3. **Assessments** – Regular and associate members may from time to time be assessed for specific projects or activities of the PMARAI in such amounts as may be fixed by the Board.

Section 4. **Fund-Raising** – The PMARAI may undertake legitimate fund-raising activities to generate funds to finance its projects.

Section 5. **Investments** – Surplus funds shall be invested under the direction of the Board, which shall consider primarily the safety of the principal and secondarily the rate of return.

Section 6. **Disbursements** – No money shall be disbursed except for projects, activities and budgeted expenditures duly approved by the Board.

Section 7. **Compensation** – No director, officer or committee chairman/member shall receive any compensation for their services as such, **except for reasonable transportation allowance in attending Board Meetings**. Other officers who are not directors may receive such salary as fixed by the Board.

Section 8. **Fiscal Year** – The fiscal year of the PMARAI shall be from the first day of March to the last day of February of the following year.

## ARTICLE IX

### Miscellaneous Matters

Section 1. **Official Organ** – There shall be published periodically, at least once a quarter, a PMARAI newsletter which shall be its official organ. This newsletter may be used for the dissemination of information, exchange of ideas and articulation of issues affecting national interest and the interest of the members.

Section 2. **Secretariat** – There shall be a Secretariat, established at its principal office, that assists the Board, officers and committees in the performance of their duties and functions.

Section 3. **Rules of Order** – The proceedings of the meetings of the Board and of the members shall be conducted in accordance with the Robert's Rules of Order.

Section 4. **Interpretation** – On all questions on the interpretation of these Bylaws, the decision of the Board shall prevail unless and until overruled by the members.

Section 5. **Chapter Status** – The PMARAI shall continue to be the Retirees Chapter of the PMAAAI, representing the members of the latter who are retired or no longer in the active service.

## **ARTICLE X Amendments**

Section 1. **Amendments** – These Bylaws, or any provision thereof, may be amended or repealed and a new one adopted by a majority vote of all the members of the Board of Directors and approved by a majority vote of the voting members of the PMARAI, at any regular or special meeting held for the purpose: Provided, That two-thirds of the voting members of the PMARAI may delegate to the Board the power to amend or repeal these Bylaws or to adopt a new one: Provided, however, That any such power so delegated to the Board may be revoked by a majority of the voting members at the annual meeting or at a special meeting called for the purpose.

**ADOPTED** this 12<sup>th</sup> day of April 2000, at Camp Aguinaldo, Quezon City, Philippines.

(Sgd) RAMON E MONTANO

(Sgd) JOSE MARIA G SOLQUILLO

(Sgd) MANUEL P OXALES

(Sgd) JUANITO B AQUIAS

(Sgd) RUPERTO P MOLATO

(Sgd) FREDELINO S BAUTISTA

(Sgd) AURELIO S UGALDE

(Sgd) ROMULO R CABANTAC

(Sgd) JUSTINO A PADIERNOS

(Sgd) RENE LEANDRO P EBRO

(Sgd) CONRADO K TOLENTINO

(Sgd) PRUDENCIO B REGIS

(Sgd) ROSALINO A ALQUIZA

(Sgd) MADRINO C MUNOZ

(Sgd) PEDRO R BALBANERO

Signed in the presence of:

\_\_\_\_\_  
(Illegible)


\_\_\_\_\_  
(Illegible)



TRUSTEE CERTIFICATE

NAME OF DIRECTORS WITH SIGNATURE AND TAX IDENTIFICATION NUMBER



  
AMADO T ESPINO JR  
TIN: 133-912-483

  
VIDAL E QUEROS  
TIN: 139-469-553

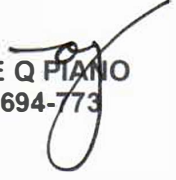
  
DANILO CABINOJA  
TIN: 134-261-928

VAN D LUSPO  
TIN: 125-613-675

  
JOSE ANTONIO C SALVACION  
TIN: 137-381-383

ALEJANDRO T CAMAGAY JR  
TIN: 121-201-160

  
EDGAR B AGLIPAY  
TIN: 141-467-478

  
GEORGE Q PIANO  
TIN: 101-694-773

  
TRISTAN M KISON  
TIN: 137-381-383

DOMINGO C CARBONELL JR  
TIN: 139-106-592

  
DANILO M SERVANDO  
TIN: 270-106-592

Attest:

  
AMADO T ESPINO JR  
Chairman

  
VAN D LUSPO  
Corporate Secretary

**ACKNOWLEDGEMENT**

Republic of the Philippines}  
Baguio City }S.S

**BEFORE ME**, a Notary Public for and in Baguio City, this 1st day of February, 2021 personally appeared the following:

<u>NAME</u>	<u>TAX IDENTIFICATION NUMBER</u>
ESPINO, AMADO T JR	133-912-483
QUEROL, VIDAL E	139-469-553
ABINOJA, DANILO A	134-261-928
LUSPO, VAN D	125-613-675
SALVACION, JOSE ANTONIO C	122-510-561
CAMAGAY, ALEJANDRO T JR	121-201-160
PIANO, GEORGE Q	101-694-773
KISON, TRISTAN M	137-381-383
CARBONELL, DOMINGO C JR	139-106-592
SERVANDO, DANILO M	270-106-592
AGLIPAY, EDGAR B	141-467-470

Known to me and to me known to be the same persons who executed the foregoing document entitled Amended New Bylaws of the Business, Industry and Retired Cavaliers, Inc (BIRCI), which instrument consists of nine (9) pages, including this page on which this acknowledgement is written and sealed with my notary seal, and said persons acknowledged that the same is their own free act and voluntary deed.

**WITNESS MY HAND AND SEAL** on the date and at the place first above written.

Doc. No. 88  
Page No. 18  
Book No. XV  
Series of 1021

ERIC G. SANTOS  
Notary Public  
until June 30, 2021, Bm No. 2793; 12/11/2020  
P.T.R. No. 4788307, 01/04/2021; Baguio City  
I.B.P. Lifetime No. 03-48; 08-04-03; Baguio City  
N.A. 36-NC-19-R; January 4, 2019  
Roll No. 48373/03.24.03  
TIN No. 928/859-359



Republic of the Philippines}  
Baguio City }S.S



**TRUSTEES CERTIFICATE**  
(Amendment to the ~~BY LAWS~~)

We, the undersigned Chairman and the majority of the members of the Board of Trustees and the Corporate Secretary of the Business Industry and Retired Cavaliers, Inc., do hereby certify that the foregoing Amended Bylaws was approved and adopted by the majority of the members of the Board of Directors during its Board Meeting on 30 September 2020 and also affirmed during the meeting of PMA Council of Class Presidents (PCOCP) on 2 October 2020 thru Zoom meeting, the members representing more than two thirds (2/3) of the general membership.

The amendment to **Article I Section 1 of the Bylaws** changing the name of the corporation which now provides as follows:

**Article I, Section 1:** The name of this corporation shall be **PMA Retirees Association, Inc.**, hereinafter referred to as the **PMARAI**.

Additional provisions to the following Articles, as amended on 10 January 2020:

**Article IV, Sec 1:** ... to be elected by specific PMA classes linked in succession to fill up the eleven-man Board of Directors: Provided, that the most senior class from the eleven classes linked in succession shall come from the PMA Class which shall be celebrating its 50<sup>th</sup> Anniversary. Considering the generational links and bonds established during their four-year stay in the Academy as well as their inter-active experiences together while they were in the Service and private careers, the amalgamated group formed from eleven (11) PMA Classes linked in succession shall not only facilitate PMARAI discussions, decision-making and cooperation but shall also enhance the representation, immersion and training of eleven PMA classes into PMARAI and PMAAAI affairs because each class shall be represented in the PMARAI as officers and chairpersons of various standing committees for at least ten (10) years and; Provided, further: That not more than one (1) director shall come from any PMA class.

**Article IV, Sec 2:** ... a board member, duly elected who shall come from a class following the most junior board member's class and who shall assume office on the first day of March following his/her election and serve for eleven (11) years: Provided, that said class thru its President, shall nominate during elections conducted in each of the eleven years term, who among its members shall represent their class in the PMARAI Board. In case of vacancy arising from resignation or any other cause by a board member, the PMARAI Board shall immediately notify the President of the class which the board member belongs, to deliberate and submit a replacement to the vacancy created by its member.

Article IV, Sec 3: .... the new Board shall assume as the officers of the PMARAI based on their succession for the ensuing year and appoint chairmen of standing committees. Every year, there is a rotation of responsibility. All eleven (11) classes shall assume officer and chairmanship designations differently for eleven (11) years.

Article V, Sec 2 : The officers shall assume office on the first day of March following their election and shall serve for one (1) year and until their successors are elected and qualified. Every year, there is a rotation of responsibility. All eleven (11) representatives of classes shall assume different positions for eleven (11) years.

Article VII, Sec 1: Two (2) of the three (3) members of the PMAAAI Board of Directors from the PMARAI shall come from PMA classes which shall be celebrating their 48<sup>th</sup> and 49<sup>th</sup> graduation anniversary with the representation from PMA class celebrating 48<sup>th</sup> graduation anniversary serving its first year term while the representation from PMA Class celebrating 49<sup>th</sup> graduation anniversary serving its second year term. The third board member to be nominated to the PMAAAI Board shall come from the junior board members of PMARAI.

Article VII, Sec 2: For PMARAI purposes, all PMARAI Board members belonging to PMA Classes which shall be celebrating their 45<sup>th</sup>, 46<sup>th</sup>, 47<sup>th</sup>, 48<sup>th</sup>, 49<sup>th</sup> and 50<sup>th</sup> graduation anniversary composed the senior members. On the other hand, PMARAI Board members belonging to PMA Classes which shall be celebrating their 40<sup>th</sup>, 41<sup>st</sup>, 42<sup>nd</sup>, 43<sup>rd</sup> and 44<sup>th</sup> graduation anniversary composed the junior members.

IN WITNESS WHEREOF, I have hereunto signed this certificate this 1st day of February 2021, in Baguio City.

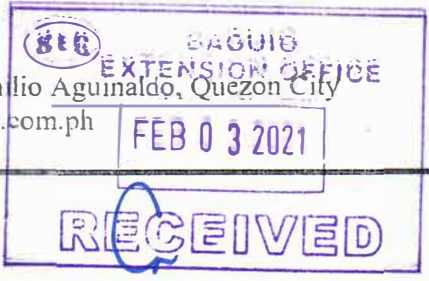
  
Certified: **VAN D LUSPO**  
Corporate Secretary  
TIN 125-613-675

SUBSCRIBED AND SWORN TO before me on this 1st day of February, 2021, Affiant exhibiting his competent evidence of identity as indicated below his typewritten name and signature and confirmed that he is the person who executed the forgoing instrument and the same is true and correct.

Doc No. 85  
Page No. 17  
Book No. XV  
Series of 1021

  
ERIC G. SANTOS  
Notary Public  
P.T.R. No. 4788207-0104/2021; Bn No. 3795; 1211/2020  
I.B.P. Lifetime No. 03149; 03.04.03; Baguio City  
N.A. 36-NC-19-R; January 4, 2019  
Roll No. 48373; 03.21.19  
TIN No. 928 859-335





"Beacon to Cavaliers"

**BOARD RESOLUTION NO. 20-10**

**APPROVING THE AMENDMENTS OF THE BIRCI BYLAWS UNDER ARTICLES I, IV, V, VII**

**WHEREAS**, on October 23, 2020, the Securities and Exchange Commission (SEC) approved the Amended Articles of Incorporation of the PMA Retirees Association, Inc (PMARAI) formerly known as the Business, Industry and Retired Cavaliers, Inc (BIRCI);

**WHEREAS**, there is a need to change the corporate name to **PMA RETIREES ASSOCIATION, INC** under Article I Section 1 of the BIRCI Bylaws;

**WHEREAS**, there is also a need to include the amendments in the provisions under Articles IV, V, VII;

**WHEREAS**, the amendments to the said provisions was approved by the members on January 10, 2020;

**WHEREAS**, the amended provisions include the following:

**Article IV, Sec 1:** ... to be elected by specific PMA classes linked in succession to fill up the eleven-man Board of Directors: Provided, that the most senior class from the eleven classes linked in succession shall come from the PMA Class which shall be celebrating its 50<sup>th</sup> Anniversary. Considering the generational links and bonds established during their four- year stay in the Academy as well as their inter-active experiences together while they were in the Service and private careers, the amalgamated group formed from eleven (11) PMA Classes linked in succession shall not only facilitate PMARAI discussions, decision-making and cooperation but shall also enhance the representation, immersion and training of eleven PMA classes into PMARAI and PMAAAI affairs because each class shall be represented in the PMARAI as officers and chairpersons of various standing committees for at least ten (10) years and; Provided, further: That not more than one (1) director shall come from any PMA class.

**Article IV, Sec 2:** ... a board member, duly elected who shall come from a class following the most junior board member's class and who shall assume office **on the first day of March** following his/her election and serve for eleven (11) years: Provided, that said class thru its President, shall nominate during elections conducted in each of the eleven years term, who among its members shall represent their class in the PMARAI Board. In case of vacancy arising from resignation or any other cause by a board member, the PMARAI Board shall immediately notify the President of the class which the board member belongs, to deliberate and submit a replacement to the vacancy created by its member.

**Article IV, Sec 3:** .... the new Board shall assume as the officers of the PMARAI based on their succession for the ensuing year and appoint chairmen of standing committees. Every year, there is a rotation of responsibility. All eleven (11) classes shall assume officer and chairmanship designations differently for eleven (11) years.



PMA RETIREE ASSOCIATION, INC. (PMARAI)  
(A Chapter of PMA Alumni Association, Inc.)

PMA Alumni Center, A.Luna Ave., Camp General Emilio Aguinaldo, Quezon City  
Telefax: 912-0498 / Email Address: birci2012@yahoo.com.ph

"Beacon to Cavaliers"

**Article VII, Sec 2:** For PMARAI purposes, all PMARAI Board members belonging to PMA Classes which shall be celebrating their 45<sup>TH</sup>, 46<sup>TH</sup>, 47<sup>TH</sup>, 48<sup>th</sup>, 49<sup>th</sup> and 50<sup>th</sup> graduation anniversary composed the senior members. On the other hand, PMARAI Board members belonging to PMA Classes which shall be celebrating their 40<sup>th</sup>, 41<sup>st</sup>, 42<sup>nd</sup>, 43<sup>rd</sup> and 44<sup>th</sup> graduation anniversary composed the junior members.

**NOW, THEREFORE, BE IT RESOLVED**, as it is hereby resolved, that the Board of Directors approve as it hereby approves, the amendments to the BIRCI Bylaws.

**APPROVED** by the Board of Directors during its Special Board Meeting held on 22 January 2021 via Zoom Conference at Quezon City.

  
**AMADO T. ESPINO JR**  
Chairman

  
**VIDAL E. QUEROL '73**  
President

**ATTESTED BY:**

  
**YANO LUSPO**  
Corporate Secretary, AY 2020-2021



DRAFT ONLY

CAV ABINOJA '74  
ADMIRAL

[BACK](#)

DRAFT ONLY

CAV GONZALES '75

[BACK](#)



**CAV RAMON T PUNZALAN '76**  
**REAR ADMIRAL, PN, AFP**

**EDUCATIONAL ATTAINMENT:**

Bachelor of Science - Philippine Military Academy  
Masters in Management - Philippine Christian University  
Masters in Urban and Regional Planning - University of the Philippines

**MILITARY SCHOOLING:**

NCGSC - US Naval War College, Rhode Island, USA

**MILITARY POSITIONS:**

DCS Per, J1 GHQ  
Comdr, Naval Base Cavite Region 4  
AC of NS, NI, PN  
Defense and Armed Forces Attache Japan  
Commandant, Special Intelligence and Training School  
Philippine Representative to the United Nations Command (Rear)

**AWARDS AND DECORATIONS:**

Distinguished Service Star (7)  
Philippine Legion of Honor  
Outstanding Achievement Medal (2)  
Bronze Cross Medal (5)  
Military Merit Medal (27)

**CORPORATE EXPERIENCE:**

EVP GM - AFPSLAI (1 year)  
Trustee BOT - AFPSLAI (5 terms)  
President - Centennial Financing Corp. 2016 - 2018  
Chairman/President - Centennial Financing Corp. 2018 - 2022

**BACK**

DRAFT ONLY

CAV CAMAGAY '77

[BACK](#)



## **CAV FELIPE H BUENA JR '78**

Started military career as a Navy Trainee (SN: 8OC-6959 PN). Then as Enlisted Apprentice Seaman Electronic Technician (SN: 602183 PN), as a PMA Cadet (SN: C-3719 CCAFP), PC Officer (O-7667), PNP Officer

“Starman” in 3<sup>rd</sup> & 4<sup>th</sup> years, graduated top 2 of PMA Class 1978, Magna Cum Laude, and recipient of 3 sabers and 9 other awards

Served in various positions in the Philippine Constabulary (PC) for 16 years from Second Lieutenant to Major

Serve in the Philippine National Police (PNP) for 10 years from Police Chief Inspector to Police Senior Superintendent

Pursued military and police trainings here and abroad – a trained Scout Ranger, certified Sky Diver, Scuba Diver, Post-blast & Arson Investigator.

Holds a Master's Degree in Business Management from the Asian Institute of Management, and a Master's Degree in Public Administration from the Manuel L. Quezon University.

Retired early from the PNP in 2000 as Police Senior Superintendent, then joined corporate security in different industries –

- Bank Security - 2 years + in bank security as Bank Security Manager of RCBC;
- Mall Security - 5 years + in mall security as Group Security Head of Shangri-La Mall & Kuok Properties
- Hotel Security - 3 years + in hotels & resorts as Area Director for Security of Shangri-la Hotels & Resorts in the Philippines
- Retail Security - Joined SM Retail in June 2011 as SAVP and retired as VP in 2018

With experiences in Strategic Planning, Visioning, and ISO Certifications

- ISO 9001 – Quality Management System (QMS)
- ISO 14001- Environmental Management Systems (EMS)
- ISO 18001 Quality & Environmental Management Systems (QEMS)

Joined AFPOVAI BOD as President/CEO 2018 – 2021.

Presently with a Consultancy Group involved in security, logistics, and renewable energy, as the Project Manager of the US Mission Philippines.

**BACK**

## **CAV RAMON LIWAG '79 ADMIRAL, PCG**

### **EDUCATIONAL ATTAINMENT:**

Bachelor of Science - Philippine Military Academy  
Master of Science in Maritime Safety Administration - World Maritime University, Sweden (1994-1996)  
Master of Science in Business Administration – Ateneo University (candidate for Academics completed, no Thesis (1992-1994)

### **SCHOOLING:**

Naval Intelligence Officers Course - Naval Intelligence Training Institute-Phil  
Train the Trainers Course - NTC (USA)  
Train the Trainers Course - International Oil Pollution Convention (Singapore)  
Maritime Security Instructor Course for Ship Security Officers (SSO), Company Security Officers (CSO) and Port Facility Security Officer (PFSO) - Office of the Transportation Security (Philippines), IMO 3.24, IMO 3.25  
Naval Intelligence Foreign Officers Course-Fleet Intelligence Center Pacific (USA)  
IMO SAR Planning Course (AUSTRALIA)  
Global Maritime Distress and Safety System Course (GMPSS Australia)  
Maritime Security Instructor's Course (DOTC-OTS)

### **MILITARY POSITIONS:**

Commandant, Philippine Coast Guard (April 2011 – 24 January 2012)  
Deputy Commandant for Operations (January 2008- 21 April 2011)  
Deputy Commandant for Administration (January 2006 – January 2008)  
Commander, Coast Guard Fleet (February 2005 – January 2006)  
Chief of Staff PCG (2004 – 2005)  
Commander Coast Guard District – NCR 2004  
Commander Coast Guard District – Central Eastern Visayas 2003  
Commander Coast Guard District – Western Mindanao 2002  
Commander 7<sup>th</sup> Coast Guard District Northern Luzon 2001

### **AWARDS AND DECORATIONS:**

Philippine Legion of Honor Degree of Lakandula  
Distinguished Service Star  
Military Merit Medals  
Military Commendation Medal  
Various Commendation  
Outstanding Alumni of World Maritime University 2011  
Outstanding Alumni Cabiao National High School 2011  
Special Recognition from PMA for being appointed as Commandant, PCG

### **DELEGATION:**

Japan Safety Course, Ship Building Team  
United Kingdom Port State Control  
Denmark OJT, Maritime Safety Course  
Finland OJT, Maritime Safety Course  
Indonesia Maritime Pollution Exercise  
Malaysia Border Crossing Exercise  
Vietnam (Head of Coast Guard Agencies Meeting)  
Korea Anti Piracy Meeting  
Thailand (Rule of Law Seminar/workshop)

**BACK**



### **Brief Profile of VADM EDMUND C TAN PCG (Ret)**

A member of the PMA Mapitagan Class of 1980, he culminated his career as an officer of the Philippine Navy (PN) and later of the Philippine Coast Guard (PCG), as the 24<sup>th</sup> Commandant of the PCG from January 2012 to December 2012.

After his retirement from the Coast Guard, he was appointed as a Commissioner of the Cebu Port Commission, to become the General Manager of Cebu Port Authority (CPA) in October 2013 until December 2016.

He had undergone various training and education while with the PN and PCG, both here in the country and abroad particularly in the US. He took his Master's Degree in Maritime Affairs (Ms MA) in 2001-2002 as a government scholar from the World Maritime University in Malmo, Sweden where he was elected as the President of the Student Council of his class of 106 students from 42 different countries.

At present, he is the President/CEO of Tristar Dragon Logistics, Inc., a trucking company he helped set up in 2017 with his son-in-law and a few of his friends, for logistics transport of essential goods utilizing Dump Trucks and Wing Vans. In 2018, he set up another company, Ace seas Shipping Agencies-Phils Corp, to cater to the shipping needs of vessels calling in all ports of the country, with him as its President/CEO.

He is happily married to Ma. Theresa Mercado Tan for 42 years now, and they are blessed with five children, four daughters, namely: Monina Catherine Tan-Carreon, Rialeza Monette Tan-Nejal, Ayesa Lian Tan-Estella, Anjelica Marie M. Tan; and the youngest, a son named Anthony Cresrey M. Tan. They are a dotting Lolo/Lola to their five lovely apos of three girls and two boys, namely: Larine, Ava, Thirty, Liana and Robin.

*ect/march2023*

**BACK**

## **CAV ROMEO V POQUIZ '81** **MAJOR GENERAL, PAF, AFP**

- Member of PMA Class 1981
- Retired as Air Division Commander of the PAF
- Currently serving as a member of the Board of the PMARAI and Chairman of its Professional Development Committee.
- Currently serving as a member of the Board of Directors of the Philippine National Oil Company, and Chairman of its Risk Management Committee.

Previously served as:

- Served as Chairman of PMARAI's Nomination and Election Committee in 2022-2023.
- Member of the Board of Directors of the Philippine Military Academy Alumni Association, Inc.
- Board Trustee & Chairman of the Audit and Compliance Committee of the Armed Forces & Police Savings & Loan Association, Inc.
- Board Trustee and Chairman of the Corporate Governance Committee of the Armed Forces and Police Mutual Benefit System.
- Board Director and Chairman of the Business Development Committee of the Bases Conversion & Development Authority.
- Board Director of Fort Bonifacio Development Corporation and Bonifacio Transport Corporation.
- Consultant - Philippine Economic Zone Authority & National Security Council

Graduated in Master in Management (Finance) in 2000 at the Naval Postgraduate School, USA.

Took up International Defense Resources Management Course in the DRMI, USA  
Completed the Professional Development Program and Corporate Governance Seminars at the Institute of Corporate Directors.

Some of the Awards received:

- Philippine Legion of Honor awarded by the President of the Philippines
- The Outstanding Philippine Soldier (TOPS) awarded by the Metrobank Foundation, Inc. in 20004
- Award for Continuing Excellence and Service (ACES) awarded by the Metrobank Foundation, Inc. in 2010
- Outstanding Achievement Medal awarded by the Secretary of National Defense for
- Ten Most Outstanding Soldiers Award given by the Negros Island Centennial Committee in 1991.
- Philippine Military Academy Cavalier Award in 1992
- Golden Aviator Award in 2014 by the PAF Flying School Alumni Association
- Distinguished Service Stars and Gold Cross Medal.

**BACK**

# CAV JOB NOLAN D. ANTONIO '82

jndantonio@gmail.com; jnda1960@yahoo.com.ph; +639178031260

## CAREER SUMMARY

**Consultant • Director • General Manager**

- **Influential and transformative program director** with more than 30 years of experience leading people and managing resources through innovative strategy, exceptional team/program leadership, and meticulous program execution.
- **Exceptional program manager** that crafted, planned, and orchestrated the formulation of the Philippine National Police Capability Enhancement Program (2008-2012), which drastically improved the Move-Shoot-Communicate-Investigate capability of the national police. It further strengthened the capability of the Crime Laboratory in forensic science.
- **Superior rapport-building and excellent professional networking.** As Head Secretariat of the FBINAA 14<sup>th</sup> Asia-Pacific Training Conference, successfully organized the 6-Day Conference attended by more than 220 senior law-enforcement officials from the US and Asia-Pacific Region, and was awarded with a Plaque of Recognition by the US FBI Legal Attaché (2011).
- **Equipped with a skill set that combines executive leadership with keen situational awareness and risk management experience.** Adept in intelligence operations as well as in intelligence research and analysis; specifically focused in leveraging these areas of expertise to deliver value as a senior business leader within a logistical/financial services environment or service-oriented industry.

Cavalier Antonio brings both a governance perspective and the insights of an educator and a logistician with over thirty years of related work experiences in the fields of public administration and intelligence/security and logistics/supply management education.

He spent a good part of his career in the Philippine National Police (PNP) after serving in the Philippine Constabulary for eight years. The last position he held in the PNP was Deputy Director of the Police Security and Protection Group.

From middle of 2017 to early 2019, Cav Antonio enjoyed a career renaissance as Security Trainer for Asia World Hospitality, the local partner of the American Hotel and Lodging Educational Institute (AHLEI), conducting certification courses and workshop for hotel/lodging security professionals as well as hotel professionals on lodging security.

At present, he is a security consultant for HOSEA Security and a current Director of the PMA Retirees Association, Inc.

## EDUCATIONAL BACKGROUND

- Diploma Program in Purchasing and Supply Management (DPPSM), 2006, De La Salle-College of Saint Benilde, Manila, MM,
- FBI National Academy Session 188<sup>th</sup>, 1997, Federal Bureau of Investigation Academy, Quantico, VA, USA
- Master in Public Administration (MPA), 1995, Manuel L. Quezon University, Manila, MM

## AWARDS

- Medalya ng Katangitanging Gawa (PNP Outstanding Achievement Medal), 2x
- Medalya ng Pambihirang Paglilingkod (PNP Special Service Medal), 2x
- Medalya ng Kadakilaan (PNP Heroism Medal)

**BACK**



**CAV MARCELINO J LLORCA '83**  
**COMMANDER, PN, AFP**

**EDUCATIONAL ATTAINMENT:**

Masters in Business Administration - Letran College

**MILITARY SCHOOLING:**

Ordnance & Material Management - Aberdeen Proving Ground, USA

Ammunition Technology - Savannah, Illinois, USA

Multilateralism Course for Asian Regional Forum - Washington DC, USA

**MILITARY POSITIONS:**

Division Chief - OJ5 AFP Plans and Policy

Head Academics - NETC, PN

Intelligence Officer - NISG 4, PC NARCOM

Subcom 2, Seabees 2, PN

**CORPORATE EXPERIENCE:**

Managing Director - Kestral International Phil., Inc.

Chief Marketing Officer - Acquired Assets Division, China Banking Corp.

Bank Security Officer - Maybank Philippines

**AFFILIATIONS:**

Philippine Constitution Association (Philconsa)

US Ordnance Corps

Rotary Club

**BACK**

**CAV JOEL D PAGDILAO PNP '84**  
**POLICE MAJOR GENERAL, PNP**

**EDUCATIONAL ATTAINMENT:**

Bachelor of Science - Philippine Military Academy  
Masters in Public Administration (Major in Law Enforcement & Public Safety)  
Masters in Business Administration

**SCHOOLING:**

Regional Directors Qualification Course  
Public Safety Officers Senior Executive Course  
Int'l Association of Chief of Police SWAT Supervisors' Tactics & Mgmt Course  
US Dept of State Anti-Terrorist Program on Hostage Negotiation Course  
US Tactical Commanders Course  
France Anti-Drug Trafficking Buy-Bust Operation  
Hongkong Financial Investigation Course (Money Laundering)  
Australia Basic Surveillance Course

**PC/PNP POSITIONS:**

Regional Director, National Capital Region Police Office, PNP  
District Director, Quezon City Police District, PNP  
Chief Directorial Staff, Headquarters Support Service, PNP  
Chief, Criminal Investigation and Detection Division, CIDG, PNP  
Regional Chief, 2<sup>nd</sup> Criminal Investigation and Detection Unit, CIDG, PNP  
Chief of Police, Laoag City PNP Station, PNP  
Group Director, Regional Mobile Group 1, PRO1  
Commanding Officer, 231<sup>st</sup> Company, Quezon, RECOM 4  
Chief of Police, Sariaya, Quezon, RECOM 4

**AWARDS AND DECORATIONS:**

PNP Distinguished Service Medal (2)  
PNP Outstanding Achievement Medal (2)  
PNP Special Service Medal (6)  
PNP Heroism Medal (4)  
AFP Bronze Cross Medal (2)  
AFP Military Merit Medal (3)  
PNP Medal of Merit (20)  
PNP Efficiency Medal (42)  
Police Cavalier Achievement Award (2)  
Senior Police Commissioned Officer of the Year for Administration (4) Senior  
Police Commissioned Officer of the Year for Operations (2)  
Group Director, Best Regional Mobile Group of the Year - Nationwide (2)  
Senate & Lower House Congressional Committee on Dangerous Drugs  
Gawad Kontra-Droga Award  
Chief of Police, Best City Police Station the Year - Regionwide  
Anti-Illegal Drugs Special Opns Task Group of the Year - Regionwide  
Commanding Officer of the Year Award (2)  
Junior Officer of the Year Award, NARCOM  
Alumni Achievement Award - Quezon City Science High School

**DELEGATION:**

Delegate – INTERPOL General Assembly, Cairo Egypt  
Delegate – ASEANAPOL Conference Brunei Darussalam

BACK

# PRESENTATION #1

## Veterans Memorial Medical Center: *Serving Our Veteran Heroes*

*Johann Giovanni P. Mea, MD*

*Medical Specialist III*

*Asst. Head, Dept. of Radiology and Radiotherapy/ Chief, DRR-  
Nuclear Medicine Section*

BACK



# *Origins of Honor, Courage and Commitment*



- Following the ravages of WWII, Pres. Roxas would send a delegation to the US seeking immediate assistance for Filipino war veterans
- President Harry Truman and Congresswoman Edith Rogers strongly supported US commitments to their Filipino war allies



- The Modified Rogers Bill for Philippine Veterans would be passed by the 80<sup>th</sup> US Congress (Public Law 865) in 1948 and signed into law by Pres. Truman providing funding for hospital construction
- President Quirino's government would provide a simultaneous land grant on which VMHC would be built



- VMMC would be officially inaugurated on November 20, 1955, by Pres. Ramon Magsaysay
- 700-bed hospital originally named Veterans Memorial Hospital
- 1976 – transformation into a tertiary center and inaugurated by Pres. Marcos as VMMC



# VMMC: Historical Complex within NCR

25-hectare building built on a 55-hectare lot...



Surrounded by an 18-hole golf course which has added to a more peaceful ambience...



# VMMC: Under the Department of National Defense



- Department of National Defense (DND)
- Philippine Veteran Affairs Office (PVAO)
- Following Department of Health (DOH) Hospital and Medical Care Guidelines

# VMMC Operations



- Operate on yearly budget appropriations approved by the **Department of Budget and Management (DBM)** and **Philippine Congress**
- The budget provides for the medical care of all eligible Filipino veterans and their dependents as well as support for the maintenance and upkeep of the hospital
- **Goal: Free hospitalization and medical care for veterans and their dependents**



# *VMMC Medical Services:*

- **Director (Director's Office)** oversees all administrative and medical functions
- **Administrative Division under the Administrative Officer** assists the DO in overseeing administrative functions (ADMO, Human Resources, Engineering and Building Management, Medical Administrative Division)
- **Office of the Comptroller and Finance Division** assists the DO in overseeing budgetary requirements
- **Legal Unit** assists the DO in all legal matters
- **Professional Education and Training Unit** assists the DO in overseeing all training and education in VMMC

# *VMMC Medical Services:*

- Chief of the Professional Medical Staff (CPMS) and his office that assists the DO in overseeing the medical and paramedical arm of the hospital

- Department of Medicine
- Department of Family Medicine and Outpatient Services
- Department of Emergency Medicine
- Department of Surgery
- Department of Anesthesiology
- Department of Radiology and Radiotherapy
- Department of Pathology
- Department of Ophthalmology
- Department of Otorhinolaryngology

# VMMC Medical Services:

- Department of Orthopedic Surgery
- Department of Pediatrics
- Department of Obstetrics and Gynecology
- Department of Rehabilitation Medicine
- Department of Psychiatry
- Dental Service
- Nursing Service
- Dietetics Service
- Pharmacy Service
- Social Service



# Department of Medicine:



- Internal Medicine
- Cardiology
- Neurology
- Rheumatology
- Endocrinology
- Gastroenterology
- Nephrology
- Pulmonology
- Oncology



- Medical wards
- Private Rooms
- Renal Dialysis Unit
- Medical Intensive Care Unit/  
Medical Intensive Treatment  
Unit (MICU/MITU)
- Medical Ambulatory Clinic

# Heart Institute and Cardiac Catheterization Laboratory:





# Cardiovascular Operating Unit (Surgery)



- VMMC recently inaugurated its cardiovascular operating unit
- Once fully completed and functional, it will be utilized in conjunction with the cardiac catheterization laboratory
- Will accommodate: cardiac bypass operations and other cardiac surgeries

- Upcoming projects for Department of Medicine:
- Expansion of the Renal Dialysis Unit (currently 60 dialysis machines)
- New and expanded Endoscopy/Colonoscopy Center
- Renovation of the Cancer Research Unit
- Renovation of different medical wards

# Department of Family Medicine and Outpatient Services:





# DFM-OPS

- Outpatient Services:
  - Serving as many as 800 to 1000 patients a day (pre-covid)
  - Currently peaking at 300 to 400 a day for those consulting due to illness
  - Includes outpatient medical and surgical care and specialty clinics and the Medical Ambulatory Care Clinic (MACC)
- Medications Drive-Through:
  - Veterans or veteran dependents can now schedule pick-up of allotted maintenance medicines
  - Almost half of OPD patients are usually seeking a refill of their prescribed medications

## *Establishment of Wellness Program*

It is a comprehensive executive check up program designed to achieve a healthier life for our veterans



# Medical Missions: (Balanga 2015)



# Department of Surgery:





# Stone and Prostate Center/ Ward 9



# Department of Anesthesiology



# Department of Emergency Medicine:



# Department of Ophthalmology: Eye Center





<b>E</b>	1	20/200
<b>F P</b>	2	20/100
<b>T O Z</b>	3	20/70
<b>L P E D</b>	4	20/50
<b>P E C F D</b>	5	20/40
<b>E D F C Z P</b>	6	20/30
<b>FELOPZD</b>	7	20/25
<b>DEFPOTEC</b>	8	20/20
<b>LEFODPCT</b>	9	
<b>FDPLTCHO</b>	10	
<b>FEXOLCFTD</b>	11	

- Correction of errors of refraction
- Cataract surgery



# Department of Rehabilitation Medicine:



# Department of Radiology and Radiotherapy:



- New Equipment:
- Dual-head gamma camera (Nuclear Medicine)
- Emergency room CT scan complex
- Fluoroscopy
- Ultrasound machines
- MRI (incoming)

- Under negotiation:
- External Beam Radiotherapy Linear Accelerator
- Decommissioned:
- Cobalt Unit



*Thank You!!!*



# VETERANS HOSPITALIZATION & MEDICAL CARE PROGRAM

*Hatid na Serbisyong Medikal  
Alay sa Magigiting na Bayani ng Bayan!*

## PRESENTATION #2

**BACK**

Jointly administered by:

**Philippine Veterans Affairs Office and Veterans Memorial Medical Center**

# **WHAT IS PVAO - VMMC VETERANS HOSPITALIZATION & MEDICAL CARE PROGRAM (VHMCP)?**

**It is a program that provides hospitalization and medical care benefits to Filipino veterans and their dependents through VMMC and other PVAO-VMMC accredited government and private hospitals nationwide.**

## LEGAL BASIS

### Section 7, Article XVI of the 1987 Philippine Constitution

“The state shall provide immediate and adequate care, benefits, and other forms of assistance to war veterans and veterans of military campaigns, their surviving spouses and orphans”

### Sections 15 and 17 of R.A. No. 6948 as amended by R.A. No. 7696

“Authorizes PVAO to enter into agreement with selected government hospitals to provide hospitalization and medical care, to the veterans and their eligible dependents”



# OBJECTIVES OF THE VHMCP?

---

- 1** To address the health care needs of the veterans and their qualified dependents who do not have convenient access to VMMC, especially those from far flung areas.
- 2** To provide reimbursement or subsidy of hospitalization expenses, including medical procedures, selected drugs and medicines

# WHO ARE ELIGIBLE TO AVAIL THE BENEFITS?

1

**World War II Veterans**

2

**Dependents of World War II  
Veterans**

3

**Post World War II Veterans (AFP  
Retirees, PEPTOK, PHILCAG) and  
Soldiers Killed-in-Action (KIA)**

4

**Dependents of Post World War II  
Veterans and Soldiers Killed-in-  
Action (KIA)**

# BENEFITS OF THE VHMCP?

---

## 1 Reimbursement of Hospitalization Subsidy

**One Thousand Five Hundred Pesos (Php 1,500.00) per day of hospital confinement up to a maximum of 45 days per patient per year.**

\* amount of reimbursement will be based on the patient's actual bill net of other applicable discounts such as Senior Citizen discount, Philhealth benefits, HMOs, etc.,



# BENEFITS OF THE VHMCP

## 2 Reimbursement of Drugs and Medicines

### 2.1 Medicines of confined veteran patient /veteran dependent classified as critical or non-critical:

Critical case	at cost but not to exceed P20,000.00 per confinement
Non-critical case	at cost but not to exceed P10,000.00 per confinement

### 2.2 Anti-rejection drugs - at cost but not to exceed P20,000.00 per month net of Senior Citizen and Philhealth discount



# BENEFITS OF THE VHMCP

---

## 2.3 OPD maintenance medicines

- Hypertension
- diabetes mellitus,
- Hypercholesterolemia
- Anti-psychotic
- Oral antibiotics
- Other maintenance medicines listed in Philippine National Drug Formulary

amount of subsidy that can be reimbursed : at cost but not to exceed P2,000.00 per claim per month, point of reference is the Philippine National Drug Price Reference Index (PNDRI) price

# BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Cataract Surgery</b>	Php 14,000.00 per eye
<b>Orthopedic implants</b>	Php 30,00.00 per implant
<b>Dentures</b>	Php 5,000.00 (P2,500.00 for upper dentures P2,500.00 for lower dentures)

# BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Hernia mesh</b>	Php 2,000.00 per mesh
<b>Hearing aid</b>	Php 30,000.00 per device
<b>Orthopedic braces</b>	Php 6,000.00 per piece
<b>Hemodialysis Treatment</b>	Php 400.00 per treatment and cost of Epoetin Alfa. In excess of 90 treatments covered by Philhealth, P2,500.00 per treatment will be reimbursed

## BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Cardiac Bypass</b>	Php 200,000.00
<b>Coronary Angiogram</b>	Php 30,000.00
<b>Chemotherapeutic Agents</b>	Php 10,000.00 per cycle up to a maximum of 6 cycles



# BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Angioplasty</b>	Php 100,000.00 for single stent Php 150,000.00 for two or more vessel stents
<b>Endoaneurysmectomy (for Thoracic/Abdominal Aortic Aneurysm)</b>	Maximum of Php 40,000.00 for vascular graft
<b>Cranial CT Scan</b>	Php 4,000.00 with or without contrast

# BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Other CT Scan &amp; MRI procedures</b>	Amount to be reimbursed will be based on VMMC fees and charges
<b>Pacemaker placement</b>	Php 20,000.00 for temporary pacemaker placement Php 180,000.00 for permanent pacemaker placement; all inclusive
<b>Colonoscopy</b>	Php 2,000.00

# BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Extra corporal Shock Wave Lithotripsy (ESWL)</b>	Php 40,000.00
<b>Peritoneal Dialysis (IPD and CAPD)</b>	Php 5,000.00 per week up to a maximum of Php 20,000.00 per month
<b>Rehabilitation Services (Physical Therapy)</b>	Php 350.00 per treatment session for a maximum of 3 treatment sessions per week



## BENEFITS OF THE VHMCP

<b>PROCEDURE / MEDICAL SERVICE</b>	<b>AMOUNT OF SUBSIDY THAT CAN BE REIMBURSED (AT COST BUT NOT TO EXCEED)</b>
<b>Rental of Ventilator Machine</b>	Php 300.00 per day
<b>Kidney Transplant</b>	not to exceed <b>P200,000.00 net of Philhealth coverage and senior citizen discount</b>
<b>Brachytherapy</b>	Reimbursable amount for the whole treatment is P360,000.00 net of Philhealth and Senior Citizen Discount



# REIMBURSEMENT OF VACCINES

Pneumococcal Conjugate  
Vaccine (PCV 13)

One time reimbursement, at cost but not to exceed P2,700.00

Pneumococcal Polysaccharide  
Vaccine (PPSV 23)

Amount that can be reimbursed is at cost but not to exceed P696.28

Basis of reimbursement is DPRI Ceiling Price or the prevailing market price whichever is most advantageous to the veterans and veteran dependents

# REQUIREMENTS FOR REIMBURSEMENT OF HOSPITAL SUBSIDY & MEDICAL PROCEDURES:

1

## Reimbursement form

(downloadable at PVAO and VMMC websites) or Request letter

2

## Statement of Accounts

(with date of admission and discharge) signed by the Billing Officer/Staff of the Hospital. SOA sent through email is acceptable

✘ Requirements for Reimbursement of Hospital Subsidy & Medical Procedures:

3

## **Medical Certificate** **/Discharge Summary**

indicating period of confinement (if hospitalized) issued by the attending physician or authorized signatory of the Hospital



✘ Requirements  
for  
Reimburseme  
nt of Hospital  
Subsidy &  
Medical  
Procedures:

4

**Original copy of Official Receipts**

Issued by  
Hospital/Clinic/Supplier/Drug Store

5

**Proof of Veteran Status**

\_e.g. VMMC Medical Card, PVAO  
Pensioner's ID, Certification from PVAO,  
AFP Retiree's ID, Military Honorable  
Discharge Paper, Retirement Order



✘ **Additional Requirements for Reimbursement of Drugs and Medicines**

i

**Prescription Form**

**signed by the Physician of the Accredited Hospital** (if drugs and medicines were not indicated in the detailed SOA)

ii

**Medical Abstract**

**issued by the Physician of the Accredited Hospital**

# ADDITIONAL APPLICABLE DOCUMENTARY REQUIREMENTS:

i

Certificate of Documented Sensory-  
Neural Hearing Loss issued by any  
Accredited Hearing Aid Center

*- for hearing aid reimbursement ;*

ii

Birth Certificate/legal adoption papers

*- for children below 18 years old or VMMC Medical  
Card*

iii

PVAO Pensioner ID or photocopy of Death  
Certificate of Veteran and Marriage  
Contract (whichever is available)

*- if the veteran is deceased and the claimant is the  
spouse (wife);*

# ADDITIONAL APPLICABLE DOCUMENTARY REQUIREMENTS:

iv

## Photocopy of Death Certificates of the Patient and the Spouse

*- if both the veteran and spouse are deceased and the claimant is one among the children;*

v

## Notarized Waiver or Deed of Assignment *from the siblings of the claimant*

*- if both the veteran and spouse are deceased and the claimant is one among the children*

vi

## Photocopy of ID of the claimant

vii

***Notarized* Special Power of Attorney (SPA)** if the claimant is a representative of veteran or veteran dependent



---

1. Accredited Hospitals may file claims on annual basis

**× PRESCRIPTIVE  
PERIOD OF FILING  
OF  
REIMBURSEMENT  
CLAIMS**

2. Personal filing/direct reimbursement of veteran or veteran dependent
- up to 180 days from date of hospital discharge or from date the procedure has been performed



---

**FOR WORLD WAR II VETERANS (PEPTOK, PHILCAG,  
KOREAN & VIETNAM WAR VETERANS), SURVIVED  
SPOUSE OF WORLD WAR II VETERAN AND  
DEPENDENTS OF SOLDIERS-KILLED-IN-ACTION (KIA):**

**THEY ARE ENTITLED TO 100% REIMBURSEMENT WHEN  
ADMITTED INCLUDING PROFESSIONAL FEES WITH A  
MAXIMUM REIMBURSABLE AMOUNT OF 1M PESOS**

---

**All special procedures and medical/surgical interventions, requests for reimbursement of drugs and medicines of confined veteran or veteran dependent as well as reimbursement of OPD maintenance medicines and oral antibiotics shall pass through the VMMC Medical Screening Committee for evaluation and validation.**

# UPDATES

---

- 375 Accredited Hospitals all over the country
  - 128 Private
  - 177 Government
  - 70 DOH Hospitals
  
- Veterans Wards Projects

# OTHER INFORMATION:

---

## **VHMCP Information Flyer:**

<https://pvao.gov.ph/wp-content/uploads/2019/09/vhmcp.pdf>

## **List of Accredited Hospitals:**

[https://vmmc.gov.ph/images/outreach\\_hospital.pdf](https://vmmc.gov.ph/images/outreach_hospital.pdf)





Thank you!

# PRESENTATION #3

## Process of Availing Hospital Benefits at Veterans Memorial Medical Center



BACK



# Persons Eligible for Hospitalization Benefits:

- 1. WORLD WAR II VETERAN (with an approved PVAO claims)**
  - United States of American Forces in the Far East (USAFFE)**
  - Recognized Guerilla**
  - Deserving Guerilla**
  - Old Philippine Scout**
  - Philippine Expeditionary Forces to Korea (PEFTOK)**
  - Philippine Action Group to Vietnam (PHILCAG)**

# Persons Eligible for Hospitalization Benefits:

---

## 2. POST WORLD WAR VETERAN

- Retired members of the AFP (Optional/Compulsory)
- Disabled AFP members receiving Disability Compensation under RA 6948
- AFP members enlisted before May 26, 2007 who were honorably discharged/ separated/ reverted with at least 6 years of cumulative active military service



# Persons Eligible for Hospitalization Benefits:

---

## 2. POST WORLD WAR VETERAN

- Former members of the Philippine Constabulary, PA, PN, PAF with at least 6 years of cumulative active military service who were absorbed by the Philippine National Police.
- Member of the Coast Guard Unit (Philippine Navy) with at least 6 years of cumulative active military service who later joined the Philippine Coast Guard (now under DOTC).

# Persons Eligible for Hospitalization Benefits:

---

## 2. POST WORLD WAR VETERAN

- Members who joined the AFP after May 26, 2007, who retired from the service with a minimum cumulative active military service of 20 years.



# Persons Eligible for Hospitalization Benefits:

---

## VETERAN DEPENDENTS:

- 1. Spouse - legitimate wife/husband or unremarried widow/er of the aforementioned veteran.**
- 2. Children- legitimate, illegitimate and/or legally adopted unmarried children below 18 years old**
  - Children above 18 years old who were physically/mentally disabled before reaching the age of 18**

# Persons Eligible for Hospitalization Benefits:

---

## VETERAN DEPENDENT:

- 3. Parents- Natural/adoptive parents or loco parentis of the aforementioned veteran, regardless of the veteran's civil status/age.**



# **Documentary Requirements**

---

## **1. Retired members of the AFP (Optional/Compulsory)**

- Retirement Order**
- Retired AFP ID with photocopy**
- 3 pieces 1x1 picture**

# Documentary Requirements

---

**2. Former members of the AFP (PC, PA, PN, PAF) with at least 6 years cumulative active military service who were absorbed by the Philippine National Police or Philippine Coast Guard**

- Retirement Order (PNP/PCG)**
- Statement of Service (PNP/PCG) and AFP NRD-OTAG**
- Retired PNP/PCG ID or PVAO ID with a photocopy**
- 3 pieces 1x1 picture**



# Documentary Requirements

---

**3. Former members of the AFP (PC, PA, PN, PAF) with at least 6 years of cumulative active military service who were HONORABLY DISCHARGED OR SEPARATED from the service**

- **Special Order/General Order or Statement of Military Service from NRD-OTAG**
- **Any government issued ID with photocopy**
- **3 pieces 1x1 picture**

# Documentary Requirements

---

## **VETERAN DEPENDENT - SPOUSE:**

- **Retired AFP/PNP/PCG Dependent's ID / PVAO ID/ any government-issued valid ID with a photocopy**
- **Marriage Contract (Original Copy from PSA/NSO)**
- **Advisory of Marriage (CENOMAR) of the veteran Original Copy from PSA/NSO**
- **3 pieces 1x1 picture**



# **Documentary Requirements**

---

## **VETERAN DEPENDENT - PARENTS:**

- **Any government issued valid ID with photocopy**
- **Birth Certificate of the veteran (Original Copy from PSA/NSO)**
- **3 pieces 1x1 picture**

# Documentary Requirements

---

## **VETERAN DEPENDENT - CHILDREN:**

- **AFP Dependent's ID, or any government issued valid ID/school ID with photocopy**
- **Birth Certificate (Original Copy from PSA/NSO)**
- **3 pieces 1x1 picture**

**\*Medical Certificate subject to Medical and/or Psychological Evaluation for permanent dependent child.**



# Hospitalization ID Application Process

---

- For ID application, applicants are required to appear in person at the Out-Patient Social Service from 8 AM to 4:30 PM (Mon-Fri).**
  
- For emergency cases, you can proceed to the Emergency Ward and an EW social worker will assist you daily from 8 AM to 4:30 PM.**



# HOSPITALIZATION BENEFITS

---

- **All procedures, laboratories, and medicines available within VMMC**
- **General checkups, confinement, medical consultations, and management- please proceed to the Outpatient Section or EW**
- **Maintenance medicines that are good for two months as long as the prescription is from our VMMC physicians and is available at the hospital.**

# HOSPITALIZATION BENEFITS

---

- **For the cost of confinement, laboratories, and procedures done in other hospitals, you can inquire about the possibility for a reimbursement through the VHMCP (Veteran Hospitalization and Medical Care Program).**



Thank You





## I. ADVOCACY COMMITTEE

Although the PMAAAI has no Advocacy Committee, the following statement from the **PMAAAI By Laws, Article VII Committees & Functions, Section 8. Public Relations** “The Public Relations...It shall ensure that the Association’s position on any issue is fairly presented to the public...” clearly shows the desire of the Association to address any issue affecting its members.

**PMARAI By Laws, Article VI Committees & Functions Section 6. Advocacy Committee** – The Advocacy Committee shall make a study on issues affecting national interest, and submit a stand or position thereon to the Board. After Board approval, it shall through the appropriate media make known to the public the PMARAI’s position on the issues and push it.

**PMARAI Objective No. 6** To provide a medium of information exchange and a forum for interaction that will promote national interest.

**PMARAI Objective No. 7** To assume an advocacy role on issues affecting national interest.

PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024							
COMMITTEE	OBJECTIVE	ACTIVITIES	TIMELINE		TASK	TARGET	ANNUAL BUDGET
			2023	2024			
Advocacy	1. Maintain and improve our official social media forum for interaction that will promote national interest.	1. Obtain inputs and support for policy initiatives or positions  2. Encourage members to openly share information and their opinions/views on the matter	Annual (1)	Annual (1)	1. Provide advice to the Board on key issues that needs to be addressed.  2. Identify, prioritize, and integrate policy initiatives or positions and recommends to the Board for advocacy.  3. Review existing policy initiatives or positions and formulate new ones if necessary.	Publish Approved Policy Initiatives or Poditions.	
	2. Study issues affecting national interest.	Conduct researches on position papers, white papers, advocacy websites from	Annual (1)	Annual (1)	1. Provide advice to the Board on advocacy.  2. Provide advice to the Board on implementations of advocacy role.	Publish Approved Advocacy Messages.	

BACK

		respectable think-tanks			3. Craft advocacy messages.		
--	--	-------------------------	--	--	-----------------------------	--	--

PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024							
COMMITTEE	OBJECTIVE	ACTIVITIES	TIMELINE		TASK	TARGET	ANNUAL BUDGET
			2023	2024			
Advocacy	3. Strengthen alumni connection to the Academy	Maintain existing and build new partnerships with the CCAFP that enable the cadets to benefit from the life experiences and expertise of the alumni.	(1)	(1)	1. Promote current and develop innovative volunteer opportunities for alumni and cadets.  2. Optimize existing PMA programs (Foster Parent, leadership lectures) by inviting alumni back to engage with the PMA community.	Launch Kapit Bisig-Golden Legacy Program  Launch Youth Leadership Program	
	4. Forge new and strengthen existing partnerships	Increase and expand corporate, local, and foundation partnerships	(3)	(1)	Prepare MOU or MOA	4 New Strategic Partners	

## II. EXECUTIVE COMMITTEE

<b>Goal: Strengthen the Retirees Association</b>						
<b>Manage and direct the Standing Committees</b>						
<b>Action Description</b>	<b>Responsible Committee</b>	<b>Start Date</b>	<b>Due Date</b>	<b>Required Resources</b>	<b>Potential Blockers</b>	<b>Outcome</b>
Require all committees to submit Annual Action Plans and Budget	All Standing Committees	First week of March	Last week of March	Contact details of concerned committee members and volunteers	No VOLUNTEERS. VOLUNTEERS in the Active Service are transferred to other assignments or locations.	The initial executive committee is organized.
Execute all Programs/Projects/Activities	All Standing Committees	First week of March 2023	Last week of Feb 2024	Selected date or dates is/are recommended for review from all BODs		The selected date or dates is/are finalized.
Action Description	Responsible Committee	Start Date	Due Date	Required Resources	Potential Blockers	Outcome
Execom monthly meeting	All Standing Committees	March April May July August October November		Minutes of the Previous Execom Meetings Committee reports Attendance of BODs	No quorum	Efficient organization.
Board quarterly meeting	All Standing Committees President Secretariat	March June September December		Minutes of the Previous Board Meetings President Reports Attendance of BO		



Manage Funds Disbursement	Treasurer	January	December	Treasurer Report		
*Support Academic and Training Programs of PMA (Payback Fund)	Advocacy Ways and Means and Professionalism					
For further study						

Art VI - Committees & Functions, Sec 1 - Include Membership, Ways & Means, Public Relations, and Sports Committees to the five (5) standing committees, and Committee Members may come from different classes outside the Board.

### ***III.AWARDS COMMITTEE***

COMMITTEE	OBJECTIVES	ACTIVITIES	TARGET	BUDGET
<p style="text-align: center;"><b>Awards</b></p>	<p>1. Have a least an awardee each for private enterprise, public administration, contribution to alumni affairs and special fields.</p>	<p>1. Reach out to class and chapter presidents for nominees.</p> <p>2. Publicize / disseminate information for the search through available media.</p> <p>3. Include the qualification and categories criteria in communicating the search as well as the deadlines.</p>	<p>1. Every meeting of the Council of Class Presidents</p> <p>2. Endeavor to put the matter in the agenda of all chapter meetings.</p>	<p style="text-align: center;">TBD</p>
	<p>2. Try to have a nominee for the Life Time Achievement Award.</p>	<p>4. Prepare the list of nominees for initial presentation to the PMARAI Board.</p>	<p>3. Post the search in all viber groups of PMA Alumni.</p>	

#### **IV. MEMBERSHIP, MORALE AND WELFARE COMMITTEE**

Art VI - Committees & Functions, Sec 1 - Include Membership, Ways & Means, Public Relations, and Sports Committees to the five (5) standing committees, and Committee Members may come from different classes outside the Board.

<b>COMMITTEE</b>	<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>TARGET</b>	<b>BUDGET</b>
<b>Membership, Morale &amp; Welfare</b>	Increase Registered members	Update members database in coordination with Class Presidents, J1 AFP, HRD PNP, and PCG		TBD
	Increase membership awareness and involvement	Prepare Info Kit for Members for publication in the official social media forum		TBD
		Coordinate with Public Relations to ensure members are included in our official social media forum		TBD
		Conduct of zoom meetings to disseminate relevant information to members	4/yr	TBD
		Conduct regional visits in coordination with PMAAAI	2/yr	TBD
	Improve members camaraderie, health and wellness	Conduct fellowship & sports activities (Bike, Run)	2/yr	TBD
		Coordinate for vaccination of members	1/yr	TBD
	Increase members benefits	Partner with Automobile Association of the Phil		TBD

#### **V. FINANCE COMMITTEE**



**PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024**

COMMITTEE	OBJECTIVE	ACTIVITIES	TIMELINE		TASK	TARGET	ANNUAL BUDGET
			2023	2024			
Finance	Manage funds and investments	1. Diversify all funds for investments.	1 <sup>st</sup> week of March to last week of March	update	1. Recommend to the Board for the creation of an Investment Committee.  2. Contact all banks or SLAI's institution with high yield returns for investment.	Optimized available funds for investment.	
		2. Recover the lost funds invested on ACES.	1 <sup>st</sup> week of March	Last week of February	Negotiate with ACES Management for the recovery of 1.5M invested.	Maximum recovery of all lost funds.	
		3. Manage funds disbursement.	Monthly	Monthly	Get and review the Treasurer's Report.	Optimized utilization of limited budget	
		4. Update of share from membership dues.	Weekly	Weekly	Coordinate with PMAAAI.	Maximum members to pay their lifetime dues	
		5. Arrange for annual external audit.	Yearly	Yearly	Contact and coordinate with an external auditor to conduct the annual audit.	Transparency in our utilization of funds.	P5,000.00

**PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024**

COMMITTEE	OBJECTIVE	ACTIVITIES	TIMELINE		TASK	TARGET	ANNUAL BUDGET
			2023	2024			
Finance	2. Monitor, coordinate and consolidate the budget and acquired or donated funds.	1. Monitor all revenues acquired from any initiated program, event or sports activities.	As necessary	As necessary	1.Close coordination with Ways and Means Committee for other source of revenues.  2.Record all acquired revenues from insurance program and Game of the Cavaliers.		
		2. Consolidate all budget requirements of committees.	Yearly	Yearly	Consolidate all budget requirements of committees		
	3. Unhampered use of funds	Change of signatories in our checking account.	Yearly	Yearly	Draft a Resolution for approval of the Board.	Approval of the Board every 1st week of March Association year.	

**VI. WAYS AND MEANS COMMITTEE**

COMMITTEE	ACTIVITIES	TIMELINE		TASK	TARGET	ANNUAL BUDGET
		2023	2024			
Ways and Means	1. Games of Cavaliers	Solicit sponsors and other support from Cavaliers and private companies		1. Organization of support staff 2. Solicit sponsors 3. Follow-up reply / feedback from solicited sponsors	1. Aug 2023 – Identifying prospective sponsors 2. Constant reminders and follow-up of sponsors 3. Monitoring of payments / remittances	TBDL
	2. PMA Homecoming Raffle	Selling of Raffle Tickets to all PMA Classes and private persons and companies	Continue selling of Raffle Tickets		Draw Date–Feb 2024	TBDL
	3. Movie Premiere	Selling of Tickets		To be held twice in 2023	N/A	TBDL
	4. Music Concert			To be held once only in 2023	N/A	TBDL
	5. Branding of PMA Logo			Application of PMA Logo / Seal Patent	Continuous monitoring	TBDL
	6. Continue the Implementation of Liberty Insurance Project			Dissemination to all PMA Classes	Continuous dissemination of the Project	TBDL

## **VII. PROFESSIONAL DEVELOPMENT COMMITTEE**

<b>COMMITTEE</b>	<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>TARGET</b>	<b>BUDGET</b>
Professional Development	To enhance the professional and career development of its members	Establish a Professional Certification Program in cooperation with Local and International Universities	October	tbdl
		Organize a Cavalier Professional Consultancy Group	December	tbdl
		Organize a Cavalier Group for a Leadership Lecture Series at PMA, other Armed Services schools, and Civilian Universities	August	tbdl
		Lecture Series on Private Security Profession and Business	July	tbdl
		Organize a Cavalier Toastmasters Club	September	tbdl
	To promote the general welfare and interest of its members	Continuing Entrepreneurship Program	June	tbdl
		Continuing Financial Literacy Program	April	tbdl
		Continuing Health and Wellness Program	May	tbdl
		Once Young ang Young Ones Cavalier Interaction	November	tbdl

## **VIII. ELECTION AND AMENDMENTS COMMITTEE**



Although the PMAAAI and the PMARAI have no Committee on Election, the following sections from the **PMAAAI By Laws, Article V Directors, Section 2. Nomination and Election of Directors** and **PMARAI By Laws, Article VII Nominees to the PMAAAI Board Section 2. Senior and Junior Members** clearly shows the desire of both Associations to elect their respective directors, but in the case of the PMARAI, the directors are already linked in succession through representation from PMA Class celebrating their 45<sup>th</sup>, 46<sup>th</sup>, 47<sup>th</sup>, 48<sup>th</sup>, 49<sup>th</sup>, and 50<sup>th</sup> graduation anniversary as **Senior Members** and 40<sup>th</sup>, 41<sup>st</sup>, 42<sup>nd</sup>, 43<sup>rd</sup>, and 44<sup>th</sup> graduation anniversary as **Junior Members (PMARAI By Laws, Article IV Board of Directors, Section 1. Composition)**.

**PMARAI By Laws, Article X Amendments**

**Strategic Goal: Strengthen the Association**

<b>PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024</b>							
<b>COMMITTEE</b>	<b>OBJECTIVE</b>	<b>ACTIVITIES</b>	<b>TIMELINE</b>		<b>TASK</b>	<b>TARGET</b>	<b>ANNUAL BUDGET</b>
			2023	2024			
Ad-Hoc Committees on Election and Amendments	Strengthen the Brand Value of the Association.	1. Continue to recruit and retain the best team to support the Association.	Annual (1)	Annual (1)	1. Meet the 11 Class Presidents that are linked in succession to retain and recruit the best members to the Association Board.	2 meetings annually	P25,000.00
		2. Review, evaluate, and assess the by-laws and practices of the Association and pursue reforms that align with best practices in association management.	Annual (1)	Annual (1)	2. Solicit inputs from concerned committees	2 meetings annually	P10,000.00

**IX. SPORTS AND FELLOWSHIP COMMITTEE**

**PMARAI Objective no.6** To provide a medium of information exchange and a forum for interaction that will promote national interest.

<b>PMA RETIREES ASSOCIATION, INC. ACTIONPLAN CY 2023-2024</b>							
<b>COMMITTEE</b>	<b>OBJECTIVE</b>	<b>ACTIVITIES</b>	<b>TIMELINE</b>		<b>TASK</b>	<b>TARGET</b>	<b>ANNUAL BUDGET</b>
			2023	2024			
Sports	1. Create physical awareness and fellowship among members/cavaliers	1. Golf tournaments A. Battle of the cavaliers B. Battle of classes C. Jurado Cup	1. Solicitations among cavaliers	1. Solicitations among cavaliers	1. Creation of Committees	1 <sup>st</sup> quarter initial working committees are organized such as:  A. Events committee B. Awards Committee C. Solicitation Committee	
	2. Act as a venue for fundraising activities to support the committee on ways and means	2. Unity Walk for a cause/Pagkakaisa at Sama sama	2. Raffle Tickets	2. Raffle Tickets	2. Setting up of Timelines	2 <sup>nd</sup> Quarter  A. Selection of Dates for Activities B. Designation of Chairmanships in Respective Committees C. List of Items Required	
	3. Be at the forefront of bridging the gap among men in uniform/retirees and corporate entities	3. Other sports activities A. Chess Tournaments B. Badminton C. Fun Run/Virtual Run	3. Sponsors	3. Sponsors	3. Volunteers in Active Service/Retirees	3 <sup>rd</sup> /4 <sup>th</sup> Quarter  A. Tournament Proper (maybe earlier or later) B. Regular and constant monitoring of activities	

**X. PUBLIC RELATIONS COMMITTEE**

**PMAAAI By Laws, Article VII Committees & Functions, Section 8. Public Relations** - The Public Relations Committee shall promote a good image for the Association and its members. It shall ensure that the Association’s position on any issue is fairly presented to the public. It shall monitor government legislations and policies affecting the career and interest of the members and shall recommend measures for the enhancement thereof. It shall supervise the publication of the Cavalier Magazine and newsletter.

**PMARAI By Laws, Article VI Committees & Functions** (Public Relations Committee- none)

**PMARAI Objective no. 6** To provide a medium of information exchange and a forum for interaction that will promote national interest.

<b>PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024</b>							
<b>COMMITTEE</b>	<b>OBJECTIVE</b>	<b>ACTIVITIES</b>	<b>TIMELINE</b>		<b>TASK</b>	<b>TARGET</b>	<b>ANNUAL BUDGET</b>
			2023	2024			
<b>Public Relations</b>	1. Maintain & improve our official social media forum	1. Provide relevant information available to the members  2. Encourage members to openly share information and their opinions/views on the matter	44 publications	16 publications	Compile information regarding retirement and pension programs/benefits/issues, free medical services available and other matters such as legislation to protect the interest of our members.	Publish information at least once a week or as necessary to our official social media forum.	TBD
	2. Expand membership in our official social media forum	Inform the members of our official social media forum	800 members	200 members	1.Coordinate with membership committee re Member Registry Database. 2. Establish communication with the members. 3. Add members to our official social media forum.	1,000 members to PMARAI Forum and PMARAI Bulletin Board (Viber)	TBD
<b>PMA RETIREES ASSOCIATION, INC. ACTION PLAN CY 2023 – 2024</b>							
<b>COMMITTEE</b>	<b>OBJECTIVE</b>	<b>ACTIVITIES</b>	<b>TIMELINE</b>		<b>TASK</b>	<b>TARGET</b>	

			2023	2024			<b>ANNUAL BUDGET</b>
<b>Public Relations</b>	3. Provide information to promote understanding, goodwill and national development	1. Publish articles to the Cavalier Magazine	3 articles	1 article	Communicate with members to share articles to the Cavalier magazine after Board approval.	Publication of 1 article very quarter	TBD
		3. Create and publish a PMARAI E-Newsletter	10 editions	2 editions	Communicate with the Board & members to share articles to the E-Newsletter after Board approval.	Publication of 1 Edition per month	P8,151.30 - Website & Domain Name yearly fee P12,000.00 - food allowance for 2 pax @P500.00 ea for 12 meetings P12,000.00 - gasoline allowance for 2 pax @P500.00 ea for 12 meetings <b>Total - P31,452.00</b>
		2. Publish articles to other social media	3 articles	1 article	Communicate with members to share articles to other social media after Board approval.	Publication of 4 articles every quarter	TBD
	4. Partnership with other social groups	Conduct information dissemination and outreach activities	1		Prepare MOU or MOA	1 partnership with social group TGPMA-HOP (The Graduates of PMA- Helping Out Project)	TBD

BACK